# West Locality Community Mental Health Service

Lin Law

Clinical Service Manager

### Who are we? What do we do?

- Three operational bases: Harlow, Epping Forest (Loughton, Chigwell, Buckhurst Hill, Epping) & Stansted (Saffron Walden, Dunmow, Stansted and surrounding villages) with a total caseload of around 1,700 service users
- ➤ Work with individuals aged 18 to 75 years who have a complex mental health presentation and/or a risk profile that need a full MDT approach
- Work as a fully integrated Multi-Disciplinary Team: Psychiatrists, Nurses, Social Workers, OT, Psychologists, Support staff
- ➤ Receive referrals from the Care Co-ordination Centre, inpatient services, Urgent Care pathway, service users and local authorities/NHS providers
- Offer an initial assessment within 28 days of referral having been received: a number of which are signposted to system partners

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- ➤ Diagnosis, care planning, delivery of treatment & risk management
- ➤Offer session based support and longer term for complex cases
- ➤ Physical health assessments
- ➤SDS and care home placement: setting up and reviewing. S117 reviews
- ➤ Work closely with system partners to provide enhanced support to reduce potential for hospital admission & for those who are within inpatient services support timely discharge home
- ➤ Undertake 48 hour & 7 day hospital discharge follow up
- ➤ Investigate safeguarding cases and support Mental Health Act Assessments
- ➤ Offer a comprehensive preceptorship/ASYE programme and Continued Professional Development

## How to contact us.....

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Or

- Epping Forest Locality Community MH Service: <u>epunft.loughton.admin@nhs.net</u> Tel: 0208 272 4630
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  <u>epunft.lattonbush.admin@nhs.net</u> Tel: 01279 637400
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  <u>epunft.uttlesfordadmin@nhs.net</u> Tel: 01279 872900