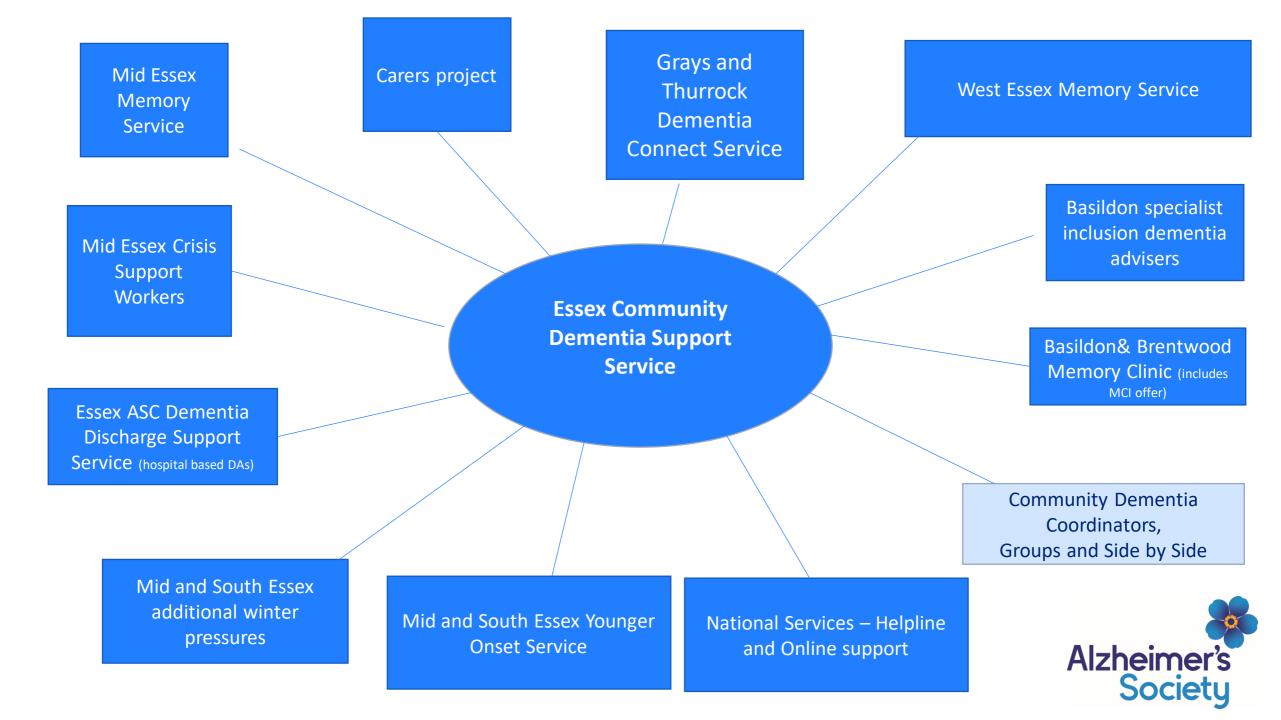
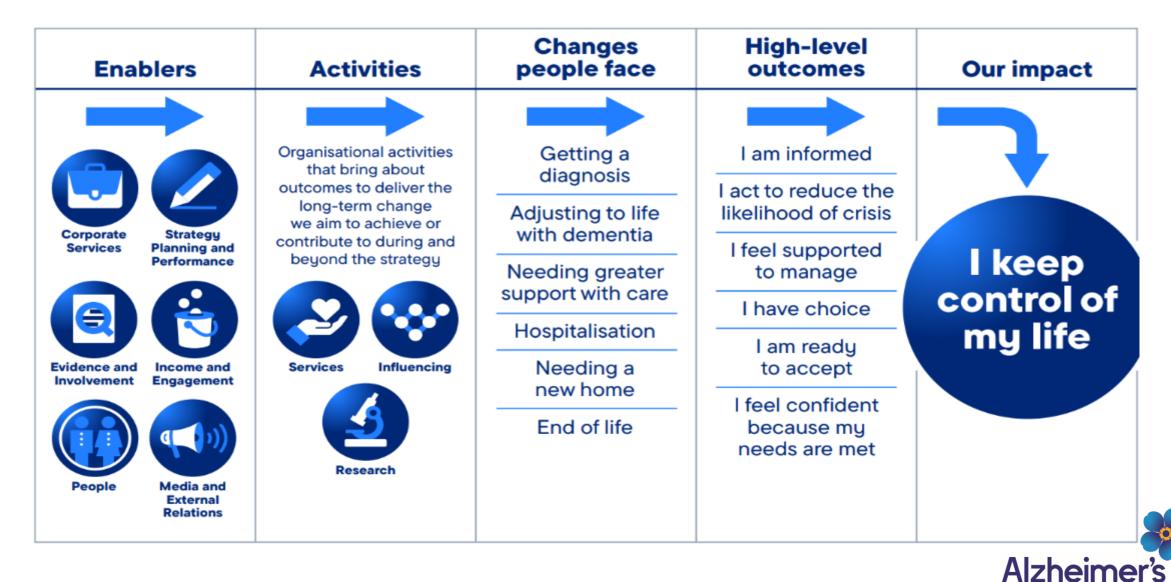
Alzheimer's Society Support across Essex

Funded by Essex County Council and ICB's





Our **Impact** Framework



Society

How Dementia Support can help

Dementia affects everyone differently, so we tailor our support to a person's individual needs. Our Dementia Advisers provide direct support as well as signposting to other local services.





Advice on how to cope and live with dementia



Connection to dementia groups & Side by Side within local communities



Tips for making a home dementia-friendly



Help with documents such as Lasting Power of Attorney



How Dementia Support works

Self referral

A person with dementia, their carer, family or friend can refer themselves or someone they know

A telephone Dementia Adviser will assess the person's needs

They will be offered the right support for them, by phone, online and face to face using a local directory to ensure they are given localised information

Phone support

Our Dementia Advisers are available on the phone to give people the support they need. People are offered the option to receive regular calls to keep in touch and help meet their changing support needs.

Face to face support

Our local Dementia Advisers offer face to face support to those who need it. We can also connect people to other face to face services including local support groups and social clubs.

External referral

By a health and social care professional or another community-based professional

Online support

Anyone affected by dementia can get relevant information. They can visit our online community Talking Point, and search for local services on our dementia directory. For further support they can request a call from a Dementia Adviser.



After a self or external referral a Dementia Adviser should contact them within a week

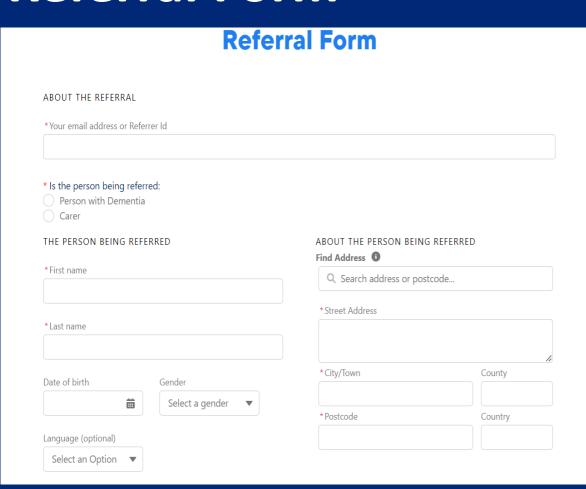


Referrals into dementia support

- Quick and Easy
- Online portal DofB, name, address and contact number & reason for referral
- People receive telephone support within 5 days
- Will be referred down to community support if needed
- Keeping It Touch calls (KiT) helps us keep in contact with vulnerable people



Referral Form



Preferred method of contact	Email address
Select an Option ▼	
	Phone number (no spaces)
	Mahila number (no spassa)
	Mobile number (no spaces)
	Mobile number (no spaces)
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·	Characters Remaining: 1000
CONFIRM CONSENT All information submitted will be entered onto Alzheimer's Soci	Characters Remaining: 1000

Alzheimer's Society | Dementia Support

What is Side by Side?

Side by Side is a service to help people with dementia to keep on doing the things they love – and try new things too! They meet up with a volunteer, decide what they'd like to do, and do it together.

Group services

In Essex we run a wide range of group services including Singing for the Brain, Bingo, Walking Football, Peer support, dementia cafes and seated exercise.

"John still has a lot to offer the world and I want to help him always feel part of it."

Side by Side volunteer





Group services

South Face to Face

Singing for the Brain Brentwood

Merrymeade House Merrymeade Chase Brentwood CM15 9FE

Winter Café - Rayleigh

The Mill Arts and Events Centre Bellingham Lane Rayleigh SS6 7ED

Singing for the Brain Billericay

Hannakins Farm Community Centre Roseby Avenue Billericay CM12 OHA **3**rd Wednesday of the month

2.00-3.30pm

Monday - (Weekly)

2nd October – 25th March Excl 18th & 25th Dec and 1st Jan

10am - 12pm

1st Wednesday of the month

2.30-4pm





What our service users are saying

"I've already recommended you. I'm in a dementia support group on Facebook and have given your details out there several times"

"I know I am a more complex case and have worked with other agencies prior to Alzheimer's Society but none were as good as the support I received from you."

UH CI CILL

"I was walking in the garden when the call came in the first place and I was able to keep walking and talk and offload. I was getting worried about things and the call came at the right time when I was having a difficult day. They helped me to put things in place."



Any questions?

Find out more about Dementia Support in Essex

Get in touch today

T: 0333 150 3456

E: essex@alzheimers.org.uk

W: alzheimers.org.uk/refer

