

# **DEMENTIA CARE FOUNDATION MODULE**

**A half-day course designed and written by  
Buz Loveday, DementiaTrainers**

**Aim:** To improve understanding of dementia and enable staff to offer person-centred support

## **Learning outcomes:**

- To have an understanding of the signs and symptoms of dementia
- To have insight into the experience of dementia and the feelings associated with living with dementia
- To know how to support and enable people with dementia to meet basic care and nutritional needs
- To understand the importance of knowing people with dementia as individuals
- To be able to recognise positive outcomes for people with dementia

## **Outline of the session:**

- Introductions and learning agreement
- Video: the experience of living with dementia
- Facts and up-to-date information about dementia: quiz
- Feelings associated with dementia
- Supporting people to live well with dementia
- Working in partnership with people with dementia – promoting maximum independence
- Supporting people with dementia with eating and drinking
- Developing knowledge about people with dementia as individuals
- Positive outcomes: recognising well-being in dementia
- Key points

# **DEMENTIA CARE MODULE 2: COMMUNICATION AND BEHAVIOUR**

**A half-day course designed and written by  
Buz Loveday, DementiaTrainers**

**Aim:** To promote positive communication with people with dementia and enable staff to minimise causes of distressed behaviour

## **Learning outcomes:**

- To recognise the difference between helpful and unhelpful communication
- To know how to minimise communication barriers to enhance communication
- To understand why people with dementia may experience a different reality and know how to recognise and meet their needs
- To identify and respond to distress expressed through behaviour
- To be able to understand and address common causes of distressed behaviour including pain

## **Outline of the session:**

- Video: helpful and unhelpful communication
- Communication barriers
- Guidelines for good communication with people with dementia
- Responding to different realities
- Understanding the behaviour of people with dementia
- Supporting people with strong feelings
- Pain and other factors that can influence behaviour
- Positive practices to avoid distress
- Key points
- Evaluation and close