

# Meaningful Lives Matter

Our plan for a more inclusive  
Essex



# Key Themes



People want to have **good relationships.**



People want to stay **healthy, safe and well.**



People want to live somewhere that **feels like home**



People want to do things that are **important to them and their community** and that help them to feel a part of something. This might include working in a job or learning new things.

There are links between these themes and some ideas that keep coming up in all of them.

For example, **people want to:**

- ✓ make choices
- ✓ get the care and support they need when they need it
- ✓ be seen as they are and for what they can do as well as what they cannot
- ✓ be treated with respect

# How we developed and launched the Disability Strategy

- ✓ Review of learning from our work so far with adults with learning disabilities, physical disabilities and sensory impairments.
- ✓ Engagement with people with disabilities, their families and carers to understand their aspirations and experiences.
- ✓ Asked for views from staff, partners and providers.
- ✓ 12 week public consultation on the draft strategy, including online and in-person focus groups. We gathered feedback from 169 people to revise and improve the strategy.
- ✓ Launch event in May with people with disabilities and stakeholders to share the strategy and discuss how we make it a reality.
- ✓ Developed a programme of work that sits under the 4 themes to implement the strategy which we will be working with partners and providers on.