South Provider Forum

Winter Preparedness 2023

Provider information resources

- Guidance for healthcare professionals working in the community and care homes through winter <u>Supporting vulnerable people before and during cold</u> <u>weather: for adult social care managers - GOV.UK (www.gov.uk)</u>
- Contingency planning for winter <u>Helping social care managers to get ready</u> for winter (skillsforcare.org.uk)
- Keeping people safe in their homes <u>Prevent winter deaths and illnesses</u> associated with cold homes | SCIE
- ECC provider hub- up to date advice, info and support https://www.essexproviderhub.org/
- Social care provision- contingency planning <u>cpa contingency planning guidance 180612.pdf</u> <u>(careprovideralliance.org.uk)</u>
- Business continuity& contingency planning <u>Contingency Planning FAQs</u> (<u>skillsforcare.org.uk</u>)
- NHS/ care worker winter vaccines campaign resources and guidance <u>Health</u> and Social Care Workers Winter Vaccinations Campaign Assets | Health and social care workers winter vaccinations campaign 2023 | Campaign Resource Centre (dhsc.gov.uk)
- ASC Recruitment Campaign Recruitment Guide <u>https://www.adultsocialcare.co.uk/include/documents/res/ASC-Recruitment-Campaign-Recruitment-Guide.pdf</u>
- Code of practice for the international recruitment of health and social care personnel in England https://www.gov.uk/government/publications/code-of-practice-for-the-international-recruitment-of-health-and-social-care-personnel/code-of-practice-for-the-international-recruitment-of-health-and-social-care-personnel-in-england

Public information resources

- MSE winter messaging campaign, looking after your health <u>'Do Your Bit campaign toolkit Mid and South Essex Integrated Care System (ics.nhs.uk)</u>
- MSE winter messaging campaign mental health <u>Winter</u> wellbeing: managing mental health during the colder months -<u>Mid and South Essex Integrated Care System (ics.nhs.uk)</u>
- 'Able like Mabel' cards—falls prevention resource (online or send in post) - Active Essex
- Essex Wellbeing Service <u>Wellbeing Service</u> (includes list of warm spaces here <u>Essex Wellbeing Service</u>)
- Cost of living advice and information <u>Helping you with the cost</u> of living: Overview | Essex County Council
- Age UK advice and info for keeping well over winter (including financial advice) Winter advice for the elderly | Age UK
- Winter fuel payments and other heating support <u>Winter Fuel</u> <u>Payment: Overview - GOV.UK (www.gov.uk)</u>

Public information resources

- Voluntary sector support Southeast Essex -CAVS <u>CAVS</u> | <u>CastlePoint</u> family mentoring, social prescribing, ways to wellness, befriending (covering all of Southeast Essex)
- Voluntary sector support in Rayleigh / Rochford- RAVS
 <u>Community support, volunteering advice for the Rochford</u>

 <u>District (rravs.org.uk)</u> Local support groups and winter pressures hub at the Rayleigh Mega centre
- Voluntary sector support South West Essex BBWCVS <u>Welcome to Basildon Billericay and Wickford CVS (BBWCVS)</u>
- Food banks <u>Find a Food Bank The Trussell Trust</u>
- Carers support <u>Online</u>, <u>Phone & In Person Support for Unpaid</u>
 <u>Carers Essex | Carers First</u>

Community events- South East Essex



Winter Wellness

Adult Social Care, the South East Essex Alliance and partners, are running 'Winter Wellness' sessions at the following locations;

Tuesday 31st October 10am to 12pm

Rochford Library

Wednesday 14th November 9.30 -11.30am

Great Wakering Community Centre

Wednesday 15th November 10am to 12pm

South Benfleet Library

Friday 17th November 9am to 1pm

Canvey Community Supermarket Bus

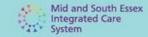
Wednesday 22nd November 2-4pm

Hullbridge Library

We will have a range of information about staying safe and well this winter, with a limited number of warm bags and slippers available.







Southend-on-Sea Slipper Swap

Elderly residents in Southend-on-Sea can receive a free pair of new slippers to help reduce the risk of accidents due to trips and falls.

Find us 10am to 12pm at:

- · Kent Elms Library Tues 7th Nov
- · Havens Hub Westcliff Fri 10th Nov
- · Leigh Library Tues 14th Nov
- · Shoebury Library Tues 21st Nov
- · The Forum Tues 28th Nov

No booking needed. Come along and have a chat with our friendly team for advice and information about how to stay steady on your feet.

