

The background features a dark brown color with a bokeh effect of colorful circles in shades of green, blue, and purple. A white, torn paper-like border runs across the bottom of the image.

South Provider Forum

Winter Preparedness 2023

Provider information resources

- Guidance for healthcare professionals working in the community and care homes through winter [Supporting vulnerable people before and during cold weather: for adult social care managers - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/consultations/supporting-vulnerable-people-before-and-during-cold-weather-for-adult-social-care-managers)
- Contingency planning for winter [Helping social care managers to get ready for winter \(skillsforcare.org.uk\)](https://www.skillsforcare.org.uk/resources/contingency-planning-for-winter)
- Keeping people safe in their homes [Prevent winter deaths and illnesses associated with cold homes | SCIE](https://www.scie.ac.uk/resources/keeping-people-safe-in-their-homes)
- ECC provider hub- up to date advice, info and support <https://www.essexproviderhub.org/>
- Social care provision- contingency planning [cpa contingency planning guidance 180612.pdf \(careprovideralliance.org.uk\)](https://www.careprovideralliance.org.uk/resources/cpa-contingency-planning-guidance-180612.pdf)
- Business continuity& contingency planning [Contingency Planning - FAQs \(skillsforcare.org.uk\)](https://www.skillsforcare.org.uk/resources/contingency-planning-faqs)
- NHS/ care worker winter vaccines campaign resources and guidance [Health and Social Care Workers Winter Vaccinations Campaign Assets | Health and social care workers winter vaccinations campaign 2023 | Campaign Resource Centre \(dhsc.gov.uk\)](https://www.dhsc.gov.uk/campaigns/health-and-social-care-workers-winter-vaccinations-campaign-2023)
- ASC Recruitment Campaign – Recruitment Guide <https://www.adultsocialcare.co.uk/include/documents/res/ASC-Recruitment-Campaign-Recruitment-Guide.pdf>
- Code of practice for the international recruitment of health and social care personnel in England <https://www.gov.uk/government/publications/code-of-practice-for-the-international-recruitment-of-health-and-social-care-personnel/code-of-practice-for-the-international-recruitment-of-health-and-social-care-personnel-in-england>

Public information resources

- MSE winter messaging campaign, looking after your health [‘Do Your Bit campaign toolkit - Mid and South Essex Integrated Care System \(ics.nhs.uk\)](https://www.ics.nhs.uk/campaigns/do-your-bit)
- MSE winter messaging campaign – mental health [Winter wellbeing: managing mental health during the colder months - Mid and South Essex Integrated Care System \(ics.nhs.uk\)](https://www.ics.nhs.uk/campaigns/winter-wellbeing)
- ‘Able like Mabel’ cards– falls prevention resource (online or send in post) - [Active Essex](https://www.activeessex.co.uk)
- Essex Wellbeing Service [Wellbeing Service](https://www.essexwellbeing.co.uk) (includes list of warm spaces here [Essex Wellbeing Service](https://www.essexwellbeing.co.uk))
- Cost of living advice and information [Helping you with the cost of living: Overview | Essex County Council](https://www.essex.gov.uk/cost-of-living)
- Age UK – advice and info for keeping well over winter (including financial advice) [Winter advice for the elderly | Age UK](https://www.ageuk.org.uk)
- Winter fuel payments and other heating support [Winter Fuel Payment: Overview - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

Public information resources

- Voluntary sector support Southeast Essex -CAVS [CAVS | CastlePoint](#) family mentoring, social prescribing, ways to wellness, befriending (covering all of Southeast Essex)
- Voluntary sector support in Rayleigh / Rochford- RAVS [Community support, volunteering advice for the Rochford District \(rravs.org.uk\)](#) Local support groups and winter pressures hub at the Rayleigh Mega centre
- Voluntary sector support South West Essex - BBWCVS [Welcome to Basildon Billericay and Wickford CVS \(BBWCVS\)](#)
- Food banks [Find a Food Bank - The Trussell Trust](#)
- Carers support [Online, Phone & In Person Support for Unpaid Carers - Essex | Carers First](#)

Community events- South East Essex

 Essex County Council
Adult Social Care

Winter Wellness

Adult Social Care, the South East Essex Alliance and partners, are running 'Winter Wellness' sessions at the following locations;

Tuesday 31st October 10am to 12pm

Rochford Library

Wednesday 14th November 9.30 -11.30am

Great Wakering Community Centre

Wednesday 15th November 10am to 12pm

South Benfleet Library

Friday 17th November 9am to 1pm

Canvey Community Supermarket Bus

Wednesday 22nd November 2-4pm

Hullbridge Library

We will have a range of information about staying safe and well this winter, with a limited number of warm bags and slippers available.



 Southend-on-Sea
City Council

 Mid and South Essex
Integrated Care
System

Southend-on-Sea Slipper Swap

Elderly residents in Southend-on-Sea can receive a free pair of new slippers to help reduce the risk of accidents due to trips and falls.

Find us 10am to 12pm at:

- Kent Elms Library - Tues 7th Nov
- Havens Hub Westcliff - Fri 10th Nov
- Leigh Library - Tues 14th Nov
- Shoebury Library - Tues 21st Nov
- The Forum - Tues 28th Nov

No booking needed. Come along and have a chat with our friendly team for advice and information about how to stay steady on your feet.

For more information email
Communitiesteam@southend.gov.uk

