NORTH EAST ESSEX

NEIGHBOURHOOD HEALTH

PROVIDER FORUM, 21st September 2026

Developed in partnership:



WHY?

- **National Drivers**

10-Year Health Plan with a focus on prevention and joined up services in the community; Neighbourhood Health Framework; Neighbourhood Health Centres; National Neighbourhood Health Implementation Programme

- **Increasing demand and changing expectations**

Most people and communities want to access health and care as close to home as possible, in a way that is most convenient for them and that gives them what they need when they need it.

- **Strong foundations - to build on**

- **It's the right thing to do...**

WHAT?

The Neighbourhood Model is about health, care and community teams working as one team locally to support people and their families. We focus on what matters most to them and use the 'think PLACE' approach to look at their whole situation - so we can provide a more joined-up support to communities. It helps us spot things earlier, working proactively through Neighbourhood Networks and Multi-Agency Teams.

think PLACE

***Every Neighbourhood Partner* will routinely ask themselves 5 questions:**

P – Physical health
Are **P**hysical health needs and functional abilities understood and addressed?
L – Living situation (household, finances, environment and housing)
Does the **L**iving situation support safety, independence, and wellbeing?
A – All
Are the needs of **All** the household being recognised and supported?
C – Connections and social context
Are social Connections or isolation impacting wellbeing or risks?
E – Emotional and Mental Wellbeing
Are **E**motional wellbeing and mental health needs being recognised and supported?

HOW?

- ✓ **Truly collaborative, joint endeavour**
- ✓ **Culture and ways of working to drive collaboration**
- ✓ **Focus on prevention, using data to effectively manage risk and prevention escalation**

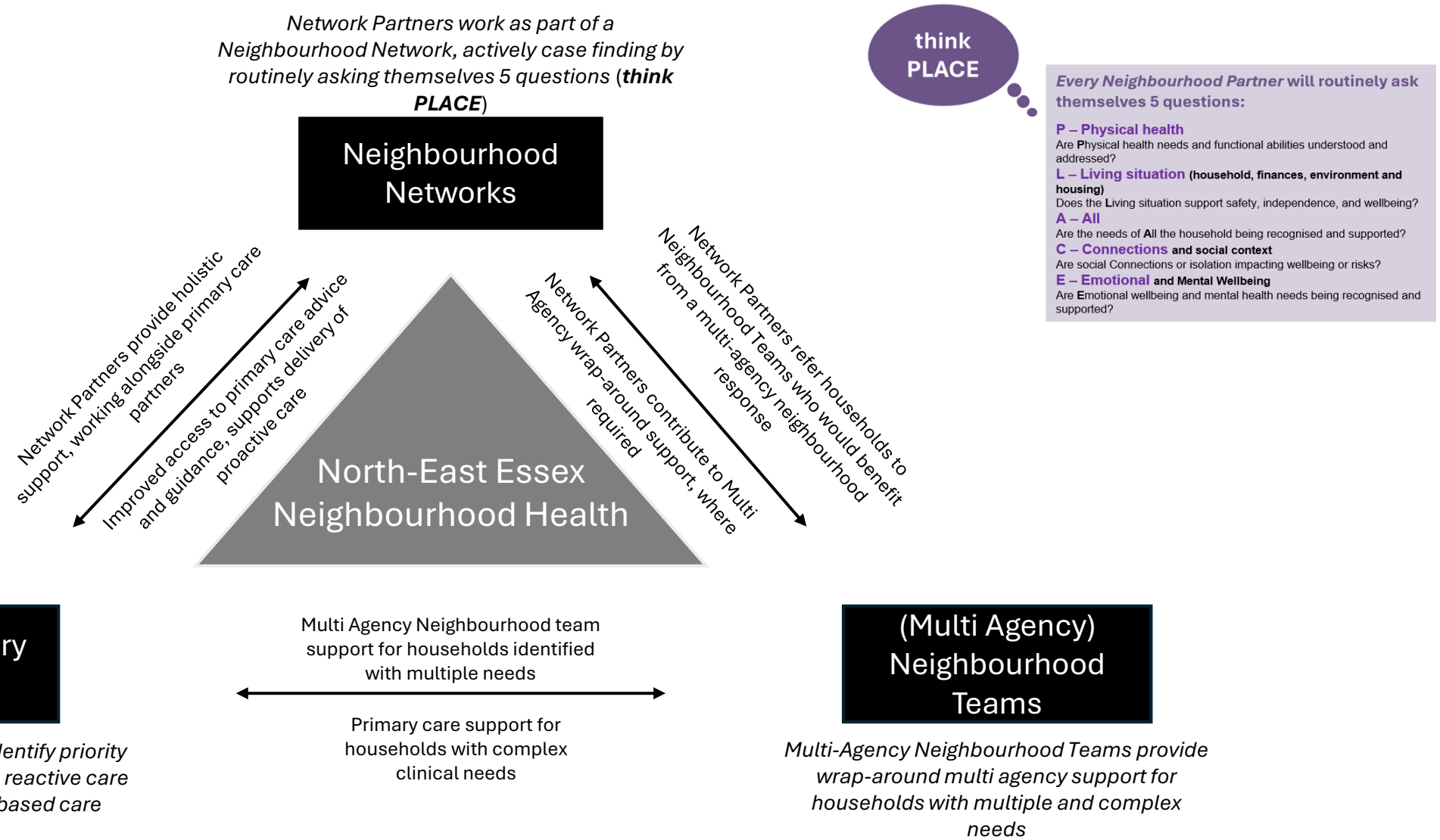
The practical steps:

1. **Neighbourhood Networks**
2. **Multi Agency Neighbour Teams**
3. **Proactive Primary Care Teams**

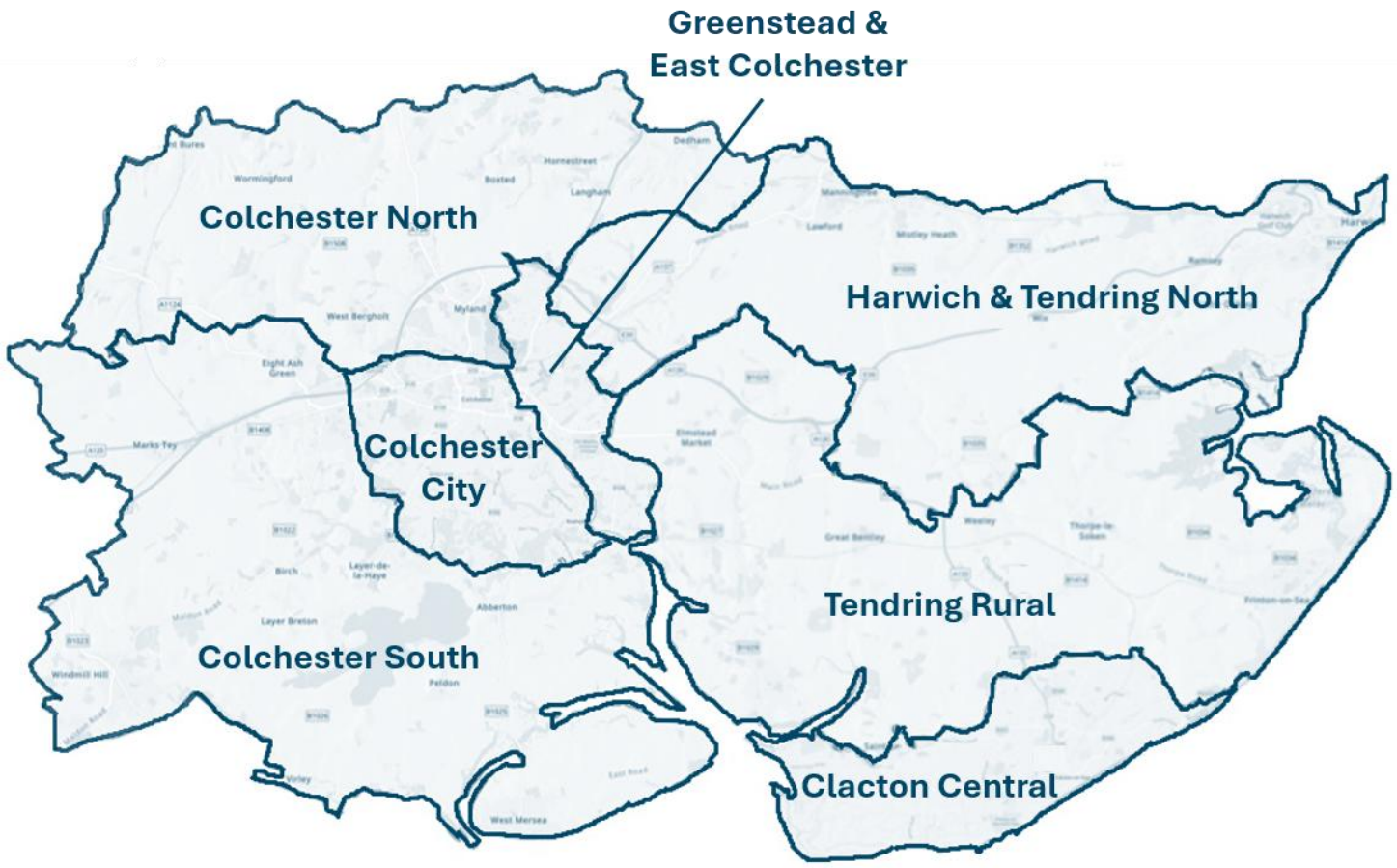
LAYING THE FOUNDATIONS OF INTEGRATION → 5th OCTOBER – GO LIVE → LEARNING – ITERATIVE APPROACH

TEAM NORTH EAST ESSEX

Mobilising Neighbourhood Teams across North-East Essex, focuses on three complementary streams of work. Whilst the approach being taken is deliberately straightforward, the significance of the work involved to land the model and ensure that it 'sticks' should not be underestimated. Hard-wiring Neighbourhood Networks, ensuring a whole household approach, embedding the permissive framework and moving from a reactive to proactive and preventative model, with repurposing of existing resources, will require careful planning, the commitment of all partners, and consistency of approach.



7 Neighbourhood Networks



LA	NBH	Total Residents	Practice	PCN	GP Registration
Colchester City Council	Colchester City	78193	Abbey Field Medical Centre	Abbey Field PCN	21977
			Ambrose Avenue Group Practice	Abbey Field PCN	13937
			Colchester Medical Practice	Colchester Medical Group PCN	43080
			Creffield Medical Group	Creffield Medical Group PCN	27114
			East Hill Surgery	Abbey Field PCN	9376
			Rowhedge Medical Practice	Abbey Field PCN	15117
			Winstree Medical Practice	North Colchester PCN	8842
			PC Total		**139443**
	Colchester North	31693	Mill Road Surgery	North Colchester PCN	18336
			Turner Road Surgery	Creffield Medical Group PCN	10513
			PC Total		**28849**
	Colchester South	44618	Mersea Island Medical Practice	North Colchester PCN	7079
			Tiptree Medical Centre	North Colchester PCN	12268
			Tollgate Practice	Abbey Field PCN	10136
			PC Total		**29483**
	Greenstead and East Colchester	45718	Bluebell Surgery	North Colchester PCN	3643
			Highwoods Surgery	North Colchester PCN	7670
			Wivenhoe Surgery	Abbey Field PCN	9155
			PC Total		**20468**
	Total	**200222**	**PC Total**		**218243**
Tendring District Council	16. Clacton	64407	Clacton Community Practices	Tendring PCN	15837
			East Lynne Medical Centre	Clacton PCN	8761
			North Clacton Medical Group	Clacton PCN	11031
			Old Road Medical Practice	Clacton PCN	9678
			Ranworth Surgery	Tendring PCN	9308
			St James Surgery	Tendring PCN	15764
			PC Total		**70379**
	15. Harwich and Tendring North	40942	Ardleigh Surgery	Stour Estuary PCN	7311
			Fronks Road Family Surgery	Stour Estuary PCN	5077
			Harewood Surgery	Stour Estuary PCN	2920
			Lawford Surgery	North Colchester PCN	5297
			Mayflower Medical Centre	Stour Estuary PCN	17973
			Riverside Health Centre	Stour Estuary PCN	6549
			PC Total		**45127**
	14. Tendring Rural	51410	Caradoc Surgery	Tendring PCN	8895
			Colne Medical Centre	Tendring PCN	10886
			Great Bentley Surgery	Tendring PCN	12061
			Thorpe-Le-Soken Surgery	Clacton PCN	7604
			Walton Medical Centre	Tendring PCN	8276
			PC Total		**47722**
	Total	**156759**	**PC Total**		**163228**

TABLE TOP EXERCISE

Question 1

Prevention and Early Identification

Reflect on your current service delivery:

- How well do we identify signs of escalating need before a crisis occurs?
- What information do our staff see that could help other professionals intervene earlier?

Question 2

Working as Part of a Neighbourhood Team

Reflect on partnership working:

- If we were viewed as a key partner in a Multi-Agency Team, what unique insight or contribution could we bring?
- What are the biggest barriers preventing truly joined-up support for people and families?

Question 3

Person-Centred and Whole-Household Support

Reflect on outcomes rather than services:

- Do we focus primarily on the individual receiving care, or do we consider the wider needs of carers, family members and the household?
- How can providers build independence, resilience and community connection rather than increasing reliance on services?