

Day Opportunities

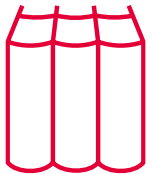
Day Opportunities – Changes Afoot!



How We Think About Day Ops. We are giving more consideration to the purpose of each placement and outcomes to be achieved



Building Expertise. We are helping providers to shape their offer according to the outcomes that are want to achieve



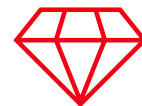
Service Directories. We already have a service directory for AWD and are implementing one for OP. These tell social workers what each provider's offer is in some detail



Engage with Communities. Recognising the role that Day Opportunities have to play in helping people to access the community.



Recognising the Offer. Day Ops providers all have a niche and we are getting better at recognising the range of what they have to offer

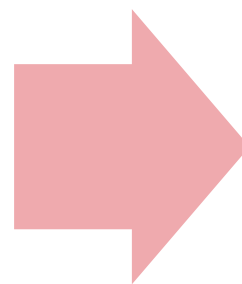


Adding Value. Day Ops providers are well positioned to be able to add value to the lives of the people they support.

Older People Day Opportunities Pathway

EARLY ONSET DEMENTIA

Tailored support and guidance for individuals experiencing early-onset dementia under the age of 65, focusing on maintaining stability with usual routines normalcy and providing tools to adapt to the evolving circumstances.



HEALTH NEEDS AND COMPLEX DEMENTIA

Specialised services for individuals with complex dementia and/or multiple health needs, aiming to support, engage, enable, and maintain maximised independence and well-being, especially in challenging home environments due to levels of complexity.

| Confidence Building and Transition | Community – Support to Access Services | Respite for Carers | Physical Frailty Support |
|--|--|---|---|
| Services that support, engage, enable and maintain. Aim is to keep people active, living at home for as long as possible, supporting the individual and their carers | People often need help to know how to access the community, how to build and maintain friendships, and to know what is out there for them that meets their needs and preferences | <p>People who are still living at home but where the home environment may become challenging</p> <p>Day Opportunities provide an important source of respite for informal carers and families</p> | Reablement for adults' post discharge from hospital and/or support individuals still living at home as they navigate challenges related to their changing physical abilities. |

Adults With Disabilities Day Opportunities as a Pathway



Confidence

The first stage for people accessing Day Opportunities is often to build confidence. Providers can build up confidence and help people to plan for the next stage



Community

People often need help to know how to access the community, how to build and maintain friendships, and to know what is out there for them that meets their needs and preferences



Skills

Once people feel ready, and know what they want to do, they might be ready to build up their skills. This can be general life-skills or it might be a specific qualification to help them to progress in life



Job

Once they are ready, many people say they want a job and we encourage that. Many providers will help people with the process of finding, applying for, settling into and keeping a job

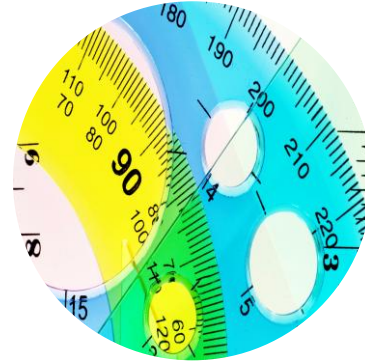
Progression in Day Opportunities



Employment is an important goal for AWD but not the only one – but it is definitely possible for more people and gives us an aspiration



Progression means different things for different people, depending on age, complexity, health, and current ambitions. But having a goal is important to everybody!



There are different ways of **Measuring** progression depending on starting point, goals and the type of service



An individual's journey will not be a straight line, people will **Loop** depending on needs and circumstances

An Example....

Next speaker is a provider based in Rochford. They work with adults with disabilities and autism (and a few acquired brain injuries) and they have only been in place since COVID times.

In that time they have carved out an interesting local niche and represent an excellent example of building ties with the local community and becoming embedded in the fabric of the local town.