TRAINING OPPORTUNITY

**Ageing well for people with a Learning Disability and/or Autism**

This is a two day fully funded training session for providers supporting people with a learning disability and /or Autism. This is linked to the commissioning focus to identify providers who are actively supporting people with LD/Autism who are ageing.

The focus is on how we can support them to have a good quality of life as they grow older. Participants must attend both days.

The course content includes:

Home Life

Relationships

Prescence to contribution

Health

Access to health

Individual baselines

Dementia

Future planning

The course is being held on **March 3rd and March 17th** 2022 **at Hamptons Sports and Leisure, Tydemans, off, Beehive Ln, Great Baddow, Chelmsford CM2 9FH**

**Start time 09:15 – Finish 16:30**

Lunch will be provided and tea and coffee will be available during the day.

We will expect that all participants will complete a LFT both mornings before attending and will let us know if they test positive and cannot attend.

If you would like to book spaces ( up to two per service) please complete the table below and return to Jenny Peckham   [jenny.peckham@essex.gov.uk](mailto:jenny.peckham@essex.gov.uk)

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| **NAME** | **WORK E MAIL ADDRESS** | **CONTACT NUMBER** |
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