

# Care Provider Forum Update

**Intergenerational Update – An All-Age Approach**

October 2023

# Essex Age-Friendly Collaborative Toolkit

Making the difference every day



# New Adult Social Care Publication – coming soon

Through the Essex Intergenerational programme within Adult Social Care, working alongside Education, care settings and wider communities, we have been building more projects to engage with children and young people to increase awareness of ageing including conditions such as dementia. We have seen an impact on everyone involved in these activities and projects from our youngest to our oldest residents, including carers, families, the wider workforce, and volunteers involved in these activities.

We have seen how this type of approach really matters and can make a real difference to someone's day. The toolkit will share a range of age-friendly activities that have been making a difference across our local communities in Essex.

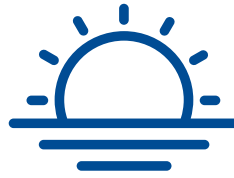
We hope the toolkit will promote, encourage and inspire more activity in communities, to promote positive wellbeing outcomes from the early years to further years and build on legacies of care and compassion in our communities.



# Age-Friendly Key Principles



To promote an Essex Age-Friendly community footprint around an all-age approach.



To support social participation and connectivity around care and kindness.



To focus on all-age asset-based community development in place to maximise social and economic benefits.



To unlock social community capital that harness the benefits of all-age contributors.



To promote age-friendly spaces as a catalyst to live and age well.

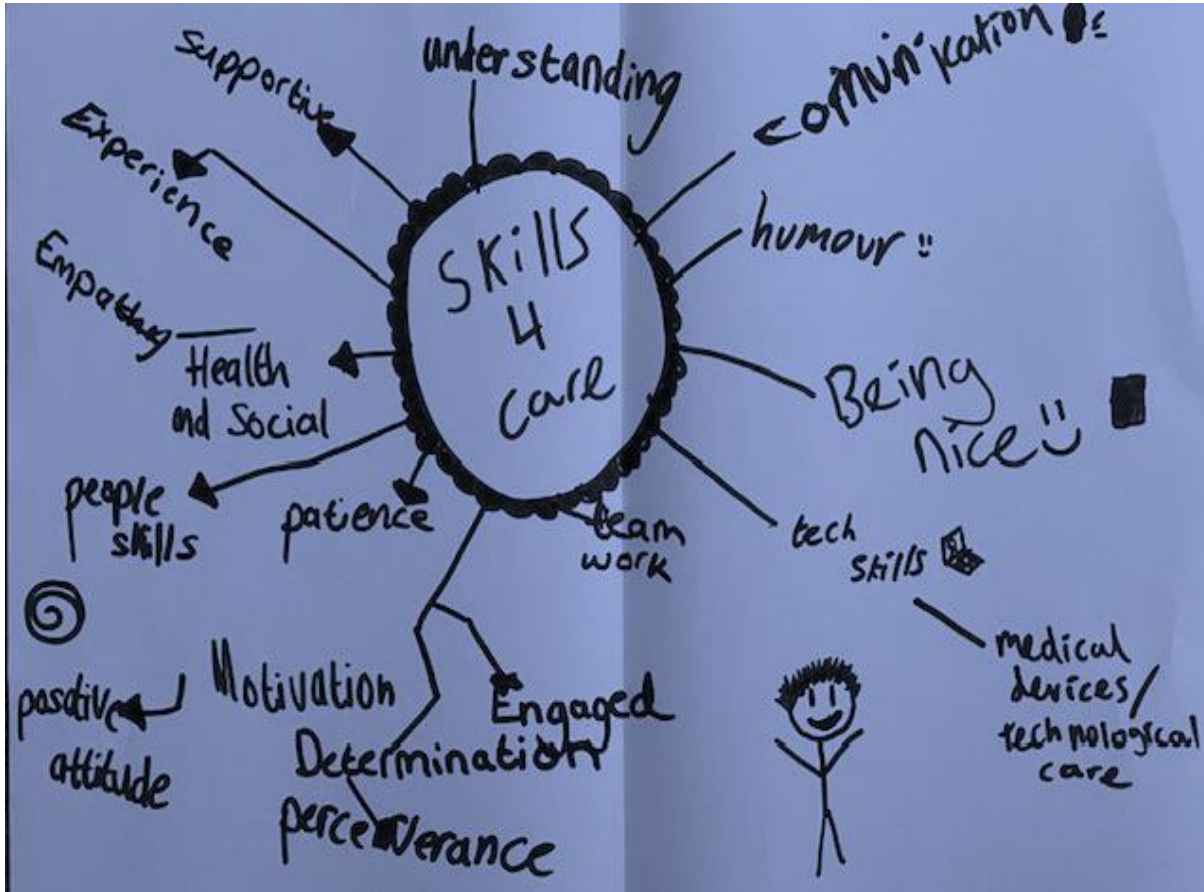


To drive social change and action promoting age-friendly communities.

# Project Examples: Around 1 in 5 Essex schools involved- focus on Older People including people living with Dementia and their Carers.

Archie with Alzheimer's Pilot	Pen-Pal Projects	The Wayback Reminiscence Reading Project	Library InterGen Memory Café – Site 1 – C/F 0-5yrs/-11yrs	School Intergenerational Clubs	Wendy Mitchell in dialogue with young Children	Local School-Care Home / Memory Café Visits
Dragon's Den for Dementia seed-funding schools ideas.	Children and Young Peoples Dementia Friendly Toolkit.	Reading Buddies	Essex Healthy Schools Awards – Dementia Best Practice	Dementia-Friendly Schools – Alzheimer's Initiative - DAA accredited	Younger Dementia Friends – Alzheimer's Initiative	Numbers Rock Pilot
Cultural Arts / Creative Projects	Library InterGen Memory Café – Site 2 - Sixth Form 16yrs+	Library InterGen Memory Café – Site 3 C/F 0-5yrs/-11yrs	Joan's Book - The Story So Far	School Art Club Projects	Dementia Friendly Book Bags	Singing for the Brain Events
	Annual Dementia Action Week	Projects being planned for Year of Numbers 2023-24	Prosper Awards – 2024 – New Intergenerational Category	Career Insight Days	Year of Numbers 2023-24 Projects in development	

# Care as a future career – Work with Schools



Events led by Adult Social Care are being run in Essex schools provide students with an opportunity to learn about the different entry pathways into social care roles.

These sessions are being well received with high levels of engagement and lots of positive feedback from students and staff, including families.

Intergenerational activities promote many wider achievements. through new experiences in community-working with older generations, children and young people gain skills for learning, life, and work. Links to age-friendly approaches promotes age-friendly generations and future workforce, as younger people are supported to make plans for their future, as part of studies, training, volunteering, and employment in areas of social care and health.



This information is issued by: Maria Blanche - Intergration and Partnerships Team  
Essex County Council

Contact us:  
[Intergen@essex.gov.uk](mailto:Intergen@essex.gov.uk)

Essex County Council  
County Hall, Chelmsford  
Essex, CM1 1QH

 [Essex\\_CC](#)

 [facebook.com/essexcountycouncil](https://facebook.com/essexcountycouncil)

The information contained in this document  
can be translated, and/or made available in  
alternative formats, on request.

Published October 2023