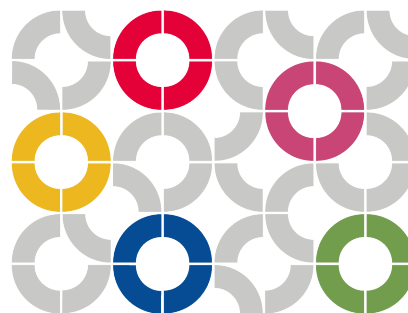


Prosper



Issue 125 August 2025

Welcome to August's edition of the PROSPER newsletter, designed to keep you updated with the progress of the PROSPER project. **P**romoting **S**afer **P**rovision of care for **E**very **R**esident.

Prosper Open Day

Do you **P**romote the **S**afer **P**rovision of care for **E**very **R**esident?

Heard of Prosper but not sure what it is? New to the project and don't know where to start? Been on the project for some time and at a stalemate? Or just want a refresher?

The Prosper Team are holding a Prosper Open Day Event!

23rd October 2025 10am to 4pm

Colchester United Football Club, United Way, Colchester, England, CO4 5UP

The aim of the event is for care homes to drop in throughout the day to learn more about Prosper and what we have to offer. There will be several stalls show casing the different areas of prosper and how it can help your care home in the prevention of falls, pressure ulcers and UTI's amongst other things. The Provider Quality team's Senior OT will be showcasing what they have to offer, as well as a fun quiz and the team on hand to answer any questions.

We will also be running different sessions throughout the day that you are welcome to attend.

10.30am to 11.30am - Quality Improvement Methodology

12pm to 1pm - SMART Aims and Driver Diagrams

2pm to 3pm – Plan Do Study Act Cycles

3.30pm to 4pm – Root Cause Analysis – 5 why's and a What

To book or find out more please email Prosper@essex.gov.uk

Provider Quality Innovation

Residents Riddle?

Each month we will provide a riddle for residents to solve. Please email their answers to

prosper@essex.gov.uk

Answer to last month's riddle was of course:

C/Sea

Well done to all at **Cheviots and Woodbury Court**, who answered the riddle correctly.

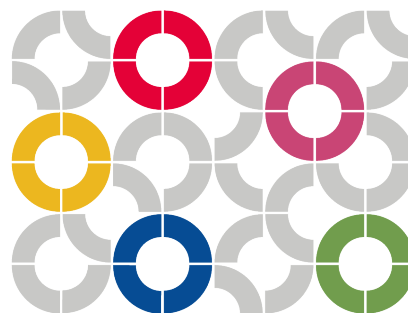
This month's riddle is...

I appear once in summer and twice in autumn, but never in winter. What am I?

Answer in next month's newsletter



Prosper



Issue 125 August 2025

Cherry Wood Grange Signage System

Cherrywood Grange have created a Quality Innovation Board for their home which highlights to everyone the risk of Falls and Urinary Tract Infections as well as other areas. Incorporated on the board the home have developed a simple magnetic signage system (an idea they adapted and further developed from another home on PROSPER who did something similar a few years back). The signs discreetly identify those residents who are at risk of falls or infection or have additional care needs such as repositioning or encouragement to drink more. These are a visual reminder to all staff who use the system and has proved successful as staff can see when an individual has an acquired infection or requires increased hydration.

Sue Smith, Manager, told us “This project has now been rolled out successfully with ease and staff have enjoyed participating in having shared knowledge and we can honestly say, many staff have felt empowered with this new knowledge and enjoyed using the simple system”.

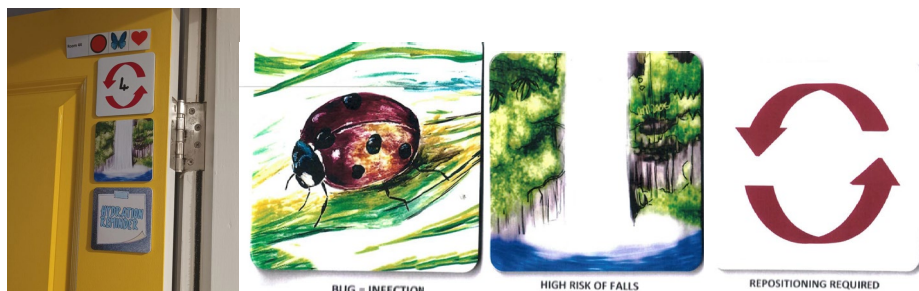
The meaning of the signage system is as follows:

Falls – Waterfall (**for High risk of Falls**)

Bug – Ladybird (**for infection**)

Red Rotation - Red circular cycle (**for Repositioning**)

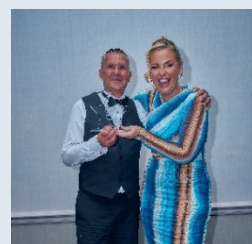
Hydrate – Hydration (**for encouraging fluids**)



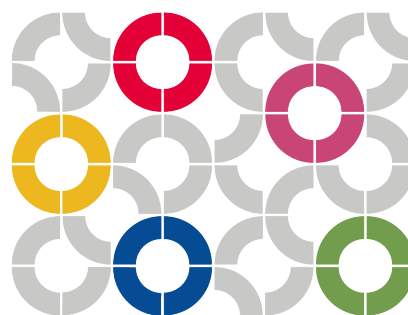
Mundy House's Awesome Ancillary Worker

The Manager of Mundy House told us about Paul, who received national recognition at the Stars of Social Care Awards, winning **The Awesome Ancillary Worker Award** his very first award. It was a proud and emotional moment that validated what we at Mundy House have always known Paul is an unsung hero whose presence and work makes a real, lasting difference.

One of his most transformative contributions was the redesign of our activity room. Paul installed a large projector and screen, created a more welcoming layout, and turned the space into a vibrant hub.



Prosper



Issue 125 August 2025

Eastham Care Home Blooms with Sustainable Wildlife Garden

The residents and staff at Eastham Care Home have transformed their outdoor space into a thriving wildlife sanctuary, proving that creativity and environmental consciousness go hand in hand. Through an inspiring community project, they've created a sustainable garden using entirely recycled materials, giving new life to everyday items while providing a haven for local wildlife.

The garden's charming guardians are Buzz Keeper, a lovingly crafted scarecrow, and his delightful companion Flutterkin, who watch over the growing plants and visiting creatures. Their presence adds whimsy and character to the space, delighting residents and visitors alike.

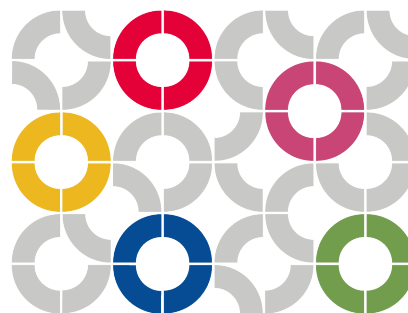
Music fills the air thanks to ingenious wind chimes created from repurposed kitchen items – old pots, pans, and cutlery now dance in the breeze, creating gentle melodies. Meanwhile, discarded wellington boots have found new purpose as quirky planters, bringing colour and personality to the garden.

The team's commitment to wildlife conservation shines through their impressive bug hotel, constructed from reclaimed wood pieces. This eco-friendly structure provides essential shelter for beneficial insects, supporting the local ecosystem while demonstrating sustainable building practices.

The latest addition to this magical space is an enchanting fairy door, carefully crafted from old pallets and nestled into a garden tree. This whimsical feature has sparked the creation of a dedicated fairy garden area, captured imaginations and adding an element of wonder to the outdoor space. This remarkable project showcases how creativity, environmental responsibility, and community spirit can combine to create something truly special. The Eastham Care Home wildlife garden stands as a testament to the positive impact that can be achieved when people come together with a shared vision for sustainability and nature conservation.



Prosper



Issue 125 August 2025

Hargrave House Awarded Veteran Friendly Framework Accreditation

Congratulations to all at Hargrave House who recently received their Veteran Friendly Framework Accreditation. The home signed up to the VFF and worked to reach the eight standards required to meet the accreditation level.



Shelley Sidhu explained the home currently has four residents who are veterans, and they have really enjoyed the monthly veteran breakfast club, visits from the Royal British Legion and seeing and discussing the artefacts brought to the home and shared with them. The home has also created two dedicated memorabilia areas with military costumes and many other items on display for residents, staff, and visitors to reminisce and enjoy.

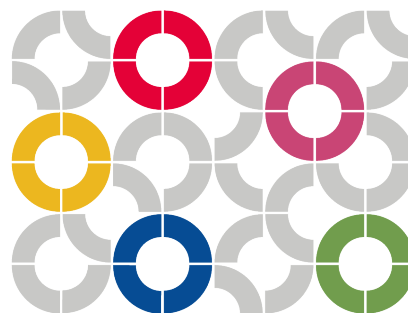


The VFF is a programme open to all care homes nationally to recognise and support the veterans that they care for. Many non-military care homes have unidentified veterans within their care, who miss out on recognition, support & signposting to a wide range of statutory and charitable services to support their individual needs.

A veteran is anyone who has served for 1 day including National Service. The programme has been recognised as good practice by CQC. This **free of cost** programme is looking at supporting all care homes to become veteran aware and receive recognition for its work through its VFF accreditation. To find out more see

[Veteran Friendly Framework](#)

Prosper



Issue 125 August 2025

Manning's Methodology

Over the last few editions of the newsletter, we have been explaining QI Methodology. This month it is all about:

Setting SMART Aims

Whenever you decide to focus on any area of PROSPER (falls, UTIs and pressure ulcers) it will be useful to set a **SMART** aim. This means it should be **S**pecific, so everyone knows what the aim is and what their responsibilities are in helping to achieve the aim. **M**easurable, so you can see if you are being successful in achieving your aim, the PROSPER monthly mapping tool and using safety crosses in your home will help with measuring. **A**chievable, although your target should be stretching, it should also be something that can be achieved; otherwise, staff will not 'buy in' to it. **R**ealistic and **R**elevant, don't set yourself up to fail, and ensure your aim is relevant to your organisation and other stakeholders. Finally, your aim should be **T**ime bound, so there is a definite time by which you are attempting to achieve your aim which gives staff a goal to work towards.

By setting a **SMART** aim, everyone connected with your service can know what you are currently focussing on and play a part in trying to achieve it. If your aim is not **SMART**, people are less likely to engage.

Remember that even if you do not achieve your aim, you will still be gaining valuable information, which will aid future projects.

SMART Aim:

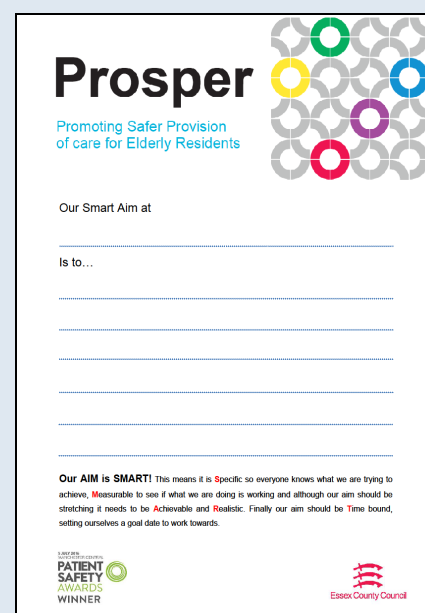
We will reduce the number of residents being treated for a UTI by 40% by the end of December 2025.

Non-SMART Aim:

We will try and reduce the number of residents being treated for a UTI.

PROSPER SMART AIM POSTER

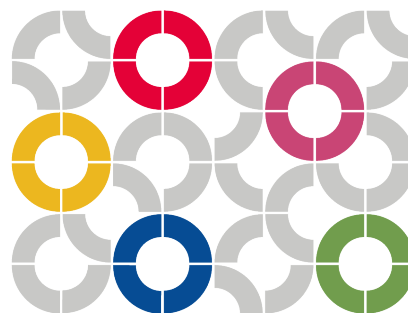
Did you know Prosper has a poster for you to display in your home stating what current **SMART** aim you are working towards.



The Poster as well as all the other Methodology Tools can be found on the

[Prosper Toolkits | Provider Hub | Essex](#)

Prosper



Issue 125 August 2025

Poetry Corner

Wedding Anniversary Poem

Poem by Sue Smith, Manager of Cherry Wood Grange

A wedding anniversary is something to celebrate and SHARE!

Its significance is your bond and shows how much you CARE!

Happiness is when two lovers become ONE!

Remembering your vows, they will never come UNDONE!

Setting out your goals and dreams that lay AHEAD!

Holding on to loving words that you have both SAID!

Planning your future with such joy in your HEART!

Remembering how you met and the love from the START!

Live life to the full and be thankful for EACH OTHER!

Be proud of your parents, you're such a good FATHER & MOTHER!

Lead by example in all that you DO! Watch your children grow, respect and follow YOU!

Don't waste time with things you can't CONTROL!

Just love one another and don't ever let GO!

Done Something New and Exciting?

Do you have a top tip, an amazing new idea to share or an event that is different to any other and would like it published in the newsletter?

**Don't forget to
wear your badge
with pride!**



Prosper Contact

Would you like a prosper support visit, or can't find something you are looking for on the provider hub then email

Prosper@essex.gov.uk