A fall’s champion is someone who takes the lead on promoting fall’s prevention in the home. Someone who is passionate about wanting to make a difference to the quality of resident’s lives. They are happy to help share best practice and support other members of staff on fall’s prevention. Willing to look for new ideas on reducing fall’s and happy to undertake training or attending events to help them in their role.

**Role of a Fall’s Champion may include:**

* Complete Weekly Fall’s Champion Check List
* Oversee the completion of the Falls Safety Cross/ 24hr Fall Clock, and analysis at the end of each month for any trends.
* Check accident forms are being filled in correctly (optional delegated duty).
* After a fall has occurred, use one of the Root Cause Analysis tools (Ask Why, Wagon Wheel, etc.) to see if anything may have prevented it from happening, so needs to be implemented.
* Look for new ideas to test and implement to help reduce falls, complete a PDSA for each new idea which is tested.
* Promote the importance of falls prevention to all staff, residents, relatives etc.
* Educate other staff members on high risk factors and what can be done to lower the risk.
* Meet with other champions and manager on a monthly basis to discuss all area’s and give update on progress.
* Meet with Prosper Support officer when they visit, to discuss idea’s, what has been implemented and what’s working or not working.

For more information on Prosper, ideas and newsletters go to: <https://www.essexproviderhub.org/quality/quality-innovation-team/prosper/prosper/>

This document is a guide only and can be adapted to meet the needs of your home.