Adult Social Care

Making the difference every day

Provider Quality Innovation

Residential Care Homes April - August 2025 Training

For further information or to book any of the courses/programmes please email quality.innovation@essex.gov.uk

These courses are only open to Residential Care Homes and Nursing Homes who are in the Essex County Council Local Authority area.

We are busy organising more training opportunities, these will be added over the coming weeks, please check back for any additional updates.

OT Clinic – Every Wednesday from 23rd April 2025, Virtual. Provider Quality Teams Senior Occupation Therapist hosting the opportunity to ask questions, discuss case studies, general OT questions and sign posting.

OT Bitesize sessions - Virtual

Falls Prevention Part 1

- 8th May 2025, 10am to 12pm
- 26th June 2025, 1pm to 3pm
- 5th August 2025, 1pm to 3pm

Falls Prevention Part 2

- 16th May 2025, 10am to 12pm
- 1st July 2025, 10am to 12pm
- 28th August 2025, 10am to 12pm

Seating and Sleeping Positions - Keep it symmetrical

- 20th May 2025, 1pm to 3pm
- 11th July 2025, 10am to 12pm

How to unlock Meaningful Activity

- 5th June 2025, 10am to 12pm
- 16th July 2025, 1pm to 3pm

Safer Handling Part 1

- 10th June 2025, 1pm to 3pm
- 23rd July 2025, 1pm to 3pm

Safer Handling Part 2

- 17th June 2025, 1pm to 3pm
- 31st July 2025, 10am to 12pm

Introduction to Spiritual Care & Managing Spiritual Distress (End of life Care) - face to face

- 23rd April 2025, 9.30am to 1pm Colchester Football Stadium
- 1st May 2025, 9.30am to 1pm Hamptons, Chelmsford
- 17th June 2025, 9.30am to 1pm Colchester Football Stadium
- 19th June 2025, 9.30am to 1pm Hamptons, Chelmsford
- 1st July 2025, 9.30am to 1pm Lopping Hall, Loughton

Prosper Champion Study Days – face to face (only open to Care homes who are part of the PROSPER programme) Sessions will include: Catheter Care/UIT/E-coli, Oral Healthcare & Lifelong Smiles, Root Cause Analysis

- 5th June 2025, 10am to 2pm Harlow
- 10th June 2025, 10am to 2pm Colchester Football Stadium
- 12th June 2025, 10am to 2pm Chelmsford

Prosper Programme - using quality improvement methodology in the prevention of falls, pressure ulcers and UTI's. If you would like to be part of the Prosper programme please email prosper@essex.gov.uk

Veterans Friendly Framework – introductory workshop

The Framework supports providers in identifying veterans and their wellbeing needs, addressing social isolation, and signposting statutory and charitable services.

• 24th June 2024, 2pm to 3.30pm

Understanding Dementia & Delirium and Dementia and Hearing Loss – Alzheimer Society 1 day face to face – only 15 places on each course

- 25th June 2025, 9.30am to 4.30pm Colchester Football Stadium
- 10th July 2025, 9.30am to 4.30pm Hamptons, Chelmsford

Responding to distressed behaviours of a person with Dementia – Alzheimer Society 1 day face to face – only 15 places on each course

- 30th June 2025, 9.30am to 4.30pm Hamptons, Chelmsford
- 2nd July 2025, 9.30am to 4.30pm Colchester Football Stadium

Person Centred Dementia Care - Face to face

- 24th April 2025, 9.30am to 4.30pm, Colchester Football Stadium
- 15th May 2025, 9.30am to 4.30pm, Hamptons, Chelmsford

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Other Training courses offered by system partners

Lets Get Digital – Free Beginners courses offered by ACL https://tinyurl.com/54p45jzz