

# **Provider Quality Innovation**

# Domiciliary Care Programme Winter 2026

For further information or to book any of the courses/programmes please email <a href="mailto:quality.innovation@essex.gov.uk">quality.innovation@essex.gov.uk</a>. These courses are only open to Domiciliary Care Agencies and Supported Living services who provide a service in the Essex County Council Local Authority area.

**OT Clinic** – Every Wednesday, Virtual. Provider Quality Teams Senior Occupation Therapist hosting the opportunity to ask questions, discuss case studies, general OT questions and sign posting.

#### **OT Bitesize sessions - Virtual**

#### Falls Prevention Part 1

11<sup>th</sup> February 2026, 1pm to 3pm

#### **Falls Prevention Part 2**

• 20<sup>th</sup> February 2025, 10am to 12pm

#### Seating and Sleeping Positions - Keep it symmetrical

- 13<sup>th</sup> January 2026, 1pm to 3pm
- 25<sup>th</sup> February 2026, 1pm to 3pm

## **How to unlock Meaningful Activity**

- 22nd January 2025, 1pm to 3pm
- 5<sup>th</sup> March 2025, 1pm to 3pm

#### Safer Handling Part 1

- 27<sup>th</sup> January 2026, 10am to 12pm
- 13<sup>th</sup> March 2026, 10am to 12pm

#### **Safer Handling Part 2**

- 6<sup>th</sup> February 2025, 10am to 12pm
- 24<sup>th</sup> March 2026, 10am to 12pm

#### Safety in Care for Domiciliary Care Staff

• 4<sup>th</sup> March 2026, 9.30am to 4pm, Hamptons, Chelmsford

My Home Life Leadership Programme – Cohort 43 This is an 8 month programme, the 3 workshop dates must be attended in order to proceed on the programme. There is an expectation to attend the action learning dates apart from planned leave, illness or CQC inspection.

Workshop (all 3 workshop dates must be attended)

- 3<sup>rd</sup> February 2026, 9.45am to 4pm
- 10<sup>th</sup> February 2026, 9.45am to 4pm
- 5<sup>th</sup> May 2026, 9.45am to 4pm

## **Half day Action Learning dates**

- 10<sup>th</sup> March 2026
- 7<sup>th</sup> April 2026
- 2<sup>nd</sup> June 2026
- 30<sup>th</sup> June 2026
- 28<sup>th</sup> July 2026
- 25<sup>th</sup> August 2026

Completion Day – 22<sup>nd</sup> September 2026, 9.45am to 4pm

# **Domiciliary Care Toolkit on care provider hub**

https://www.essexproviderhub.org/quality/quality-innovation-team/domiciliary-care-toolkit/

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#### Other Training courses offered by system partners

Lets Get Digital – Free Beginners courses offered by ACL https://tinyurl.com/54p45jzz