MONTESSORI FOR DEMENTIA AND AGEING (MDA)

Two-day Workshop Programme

Montessori for All Ages	• Who was Dr Maria Montessori? • What is the Montessori philosophy of education? • From the classroom to the aged care centre • What does a Montessori Environment in aged care mean?
The Person	• Seeing the person, not the disease • The 3W's – a model to follow • Personal and social profiles • Strengths of a person living with dementia • Preventing Excess Disability
The Disease	• Understanding the impact of dementia • Living with a neurocognitive disorder • Ruling our depression, delirium, pain • Responsive behaviours
Memories in the Making	• How memory works • Declarative and Procedural memory • How to support memory loss
Spaced Retrieval Step by Step	• Learning is possible in dementia • Why Spaced Retrieval works • Implementing the evidence based memory strategy
The Prepared Environment	• Design guidelines for dementia • Visual Cues • Scheduling & routines • Activity areas • Interactive wall spaces • Roles
The Culture	• Old practices • Montessori as a non-pharmacological intervention • Employing for Emotional Intelligence • Good Leadership • Developing teams
The Methodology	• Importance of Activities • What is a Montessori activity? • Classes of Montessori activities • DEVELOP an activity • INTRODUCE an activity • Expansion & Extension of activities
Group Activities	• Montessori Book Clubs • Beyond Bingo • Toss It
Bringing it all together	• How to make your care community more Montessori focused • Putting Montessori into action • How to be a Montessori mentor • One step at a time - moving culture change forward
Montessori Demonstrations	• Case studies • Opportunities for student practice