**Oral Care: Pre Training Questionnaire**

Please State Care Home:…………………………………………… Role: Manager/ Deputy/Regd Nurse/ Senior Carer/ Carer/ Activity Coordinator/ Other – please state:

1. The most important time to clean teeth is? *Please circle the one answer*

Before breakfast before lunch before bed

1. What is most effective way to care for dentures?  *Please circle the one answer*

Brush with toothpaste and store in water Soak in Sterident overnight

Brush with liquid soap and store in sterident Brush with liquid soap and store in water

1. Pink sponges can be used to clean mouths? *Please circle the one answer*

Yes No

1. For residents without teeth or those that wear dentures - a mouthwash is suitable oral care?

Yes No

1. After tooth brushing it is good practice to rinse the mouth to remove excess toothpaste?

Yes No

1. Poor oral hygiene can lead to? *(Circle all answers that apply)*

Dehydration and Malnutrition

Heart Disease and Stroke

Chest Infections

All of the above

**Total Individual Pre Score: ……. /6**

Please indicate your confidence rating from 0-5 with the questions below (*Where a score of 0 is not all at confident and a score of 5 is extremely confident)*

1. How confident are you in performing a mouth care assessment

1 2 3 4 5

1. How confident are you in giving oral care?

1 2 3 4 5

1. If applicable - How confident are you at documenting a mouth care?
2. 2 3 4 5 NA
3. How confident are you at knowing when a resident reviews a Dental GP Review for mouth problems?

1 2 3 4 5 NA

**Oral Care: Post Training Questionnaire**

1. The most important time to clean teeth is? *Please circle the one answer*

Before breakfast before lunch before bed

1. What is most effective way to care for dentures?  *Please circle the one answer*

Brush with toothpaste and store in water Soak in Sterident overnight

1. Brush with liquid soap and store in sterident Brush with liquid soap and store in water
2. Pink sponges can be used to clean mouths? *Please circle the one answer*

Yes No

1. For residents without teeth or those that wear dentures - a mouthwash is suitable oral care?

Yes No

1. After tooth brushing it is good practice to rinse the mouth to remove excess toothpaste?

Yes No

1. Poor oral hygiene can lead to? *(Circle all answers that apply)*

Dehydration and Malnutrition

Heart Disease and Stroke

Chest Infections

All of the above

**Total Individual Pre Score: ……. /6**

Please indicate your confidence rating from 0-5 with the questions below (*Where a score of 0 is not all at confident and a score of 5 is extremely confident)*

1. How confident are you in performing a mouth care assessment

1 2 3 4 5

1. How confident are you in giving oral care?

1 2 3 4 5

1. How confident are you at documenting mouth care?
2. 2 3 4 5 NA
3. How confident are you at knowing when a resident requires a Dental/ GP Review for mouth problems?

1 2 3 4 5 NA