

Public Health Update

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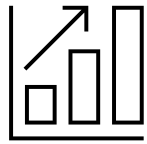
COVID-19 and Flu boosters

What's happening?

- The adult Covid-19 and flu vaccinations are now available.
- These boosters help to protect people against newer strains of these viruses. Last year, people who had the booster were half as likely to need to go to hospital compared to those who didn't.
- Care home residents and immunosuppressed people will be the first to receive their boosters. Likely to be offered both at the same time.
- ECC has disseminated a letter to all frontline health and social care staff on the booster programmes.
- More information:
<https://hertsandwestsexics.org.uk/winter-vaccines>

Who is eligible?	Covid-19	Flu
Residents in a care home for older adults and some other residential facilities	✓	
Those in long-stay residential care homes		✓
All adults aged 65 years and over	✓	✓
Persons aged 6 months to 64 years in a clinical risk group	✓	✓
Frontline health and social care workers	✓	✓
Persons aged 12 to 64 years who are household contacts of people with immunosuppression	✓	✓
Carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person	✓	✓
Pregnant women		✓
All children aged 2 or 3 on 31 August 2023 and primary school aged children and children in Ys 7 to 11 in secondary schools		✓

The public health team...



Has launched the **public health accelerator bids programme** which aims to support local organisations to improve health and wellbeing and reduce inequality. We are currently inviting organisations to bid for small grants of upto £15,000 and expressions of interest for a grants of more than £15,000 (no upper limit) can be submitted to the team between 6 November and 1 December. More information: www.essex.gov.uk/phab.



Working with NHS Suffolk and North East Essex to pilot **Lifelong Smiles**. Lifelong Smiles provides oral health training to care home staff to help them support residents to clean their teeth twice a day or their dentures daily and to understand the CQC requirements and what they mean.