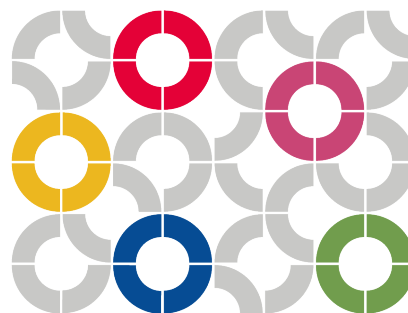


Prosper



Issue 128 November 2025

Welcome to November's edition of the PROSPER newsletter, designed to keep you updated with the progress of the PROSPER project.

Promoting Safer Provision of care for Every Resident.

Cherry Wood Grange celebrate National Stop the Pressure Day

Sue Smith, Manager of Cherry Wood Grange, held regular meetings with the teams prior to International Stop Pressure Ulcer Awareness Day to make sure everyone was on board and would help support the day.

The home was inspired by an article in the recent prosper newsletter which gave them the idea to share the importance of International Stop Pressure Ulcer Day. Cherry Wood Grange was proud to take part in the day by talking about the topic whilst residents enjoyed a cream tea with staff and they decorated the tea trolley with posters to raise awareness. Care staff gave positive feedback about the awareness day and confirmed they understood the importance. As soon as any team member witness's a pressure mark or any changes to the skin, they report it with confidence. This has helped with the ongoing success of the home staying pressure ulcer free. The [Prosper Toolkit](#) has lots of resources to help with education about the Prevention of Pressure Ulcers.



Provider Quality Innovation

Residents Riddle?

Each month we will provide a riddle for residents to solve. Please email their answers to

prosper@essex.gov.uk

Answer to last month's riddle was of course:

Witch

Well done to all at **Cheviots, Freda Gunton Lodge and Parkview**, who answered the riddle correctly.

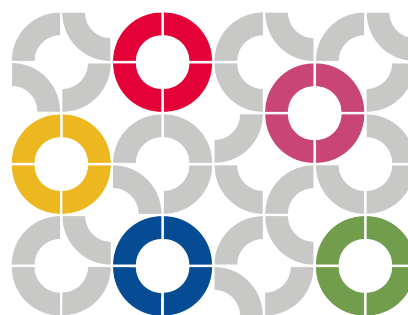
This month's riddle is...

I'm a cookie you might like to eat, and some might say I'm a favoured Christmas treat. I have brown arms, eyes and don't forget my feet. What am I?

Answer in next month's newsletter



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Larchwood create New Form

Larchwood have shared with us a new form they have created where they have combined all three safety crosses into one form. This is a great way of reducing the amount of printing that is done ever month which is helping the home be more economically friendly. It can also help you to easily see if there are any knock-on effects, for instance has a higher number of UTI's also seen a higher number of falls as a result of residents being unwell. Or has pressure ulcers increased as residents with UTI's have not been as mobile as they would normally be?

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	Pressure Ulcers	UTI	Falls
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			
20.			
21.			
22.			
23.			
24.			
25.			
26.			
27.			
28.			
29.			
30.			
31.			

 No fall / UTI / pressure ulcer

 New Identified cases or falls

Month

Year

UNIT/ROOM:

The form will soon be available on the prosper toolkit on the provider hub for others to adopt and use. Has your home come up with a new form or adapted an existing form for Prosper? If so please make sure to share with your support officer as we love to see what new things you create to help you within your prosper journey.

Provider Quality Innovation

How do we define a 'fall'?

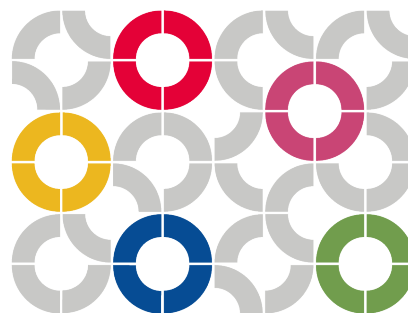
"A fall is defined as an event which causes a person to, unintentionally, rest on the ground or lower level, and is not a result of a major intrinsic event (such as a stroke) or overwhelming hazard" (Gov.uk).

- **"An unexplained fall:** A fall that has been unwitnessed, a cause cannot be identified, or the person does not know how or why they fell."
- **"A slip:** To slide involuntarily and lose balance or foothold
- **"A trip is:** An accidental miss step threatening or causing a fall"
- **"Stumble:** To step awkwardly whilst walking and begin to fall"

The adoption of a definition of a fall is an important requirement to ensure that falls are recorded and reported correctly.



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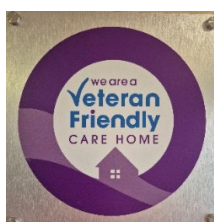
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Kilkee Lodge achieve Veteran Friendly Framework status!

Kilkee Lodge wanted to share with us their journey to becoming veteran friendly.

The home had to complete 8 standards to get the veteran accreditation, which at times was very challenging but very interesting. They had a mentor who met with them every 2 weeks on video call to guide them through the process, which took 3 months to complete. The main areas they had to look at were identifying residents who were entitled to veteran status through either being in the armed forces, or had done national service for at least one day or being a spouse of someone who has. The home have identified 30 of their residents who fit this criteria and whilst they continue to look they are sure they will have more who fit the criteria.

The residents who they have identified so far now have veteran status with poppies on their doors and the armed forces they were in or their spouse was in. Whilst doing the accreditation and identifying the residents who met the criteria the home states "It was a privilege to hear their stories and how humble they are about what they did and achieved". Our manager signed the armed forces covenant as part of the accreditation and the home has been continuing to do training regarding veterans including getting staff to complete NHS armed forces champions course, among other things like holding monthly veteran coffee mornings. Well done to Kilkee on this amazing Achievement! More information about the VFF can be found at <https://veteranfriendlyframework.org.uk/>



Prosper Window Accreditation

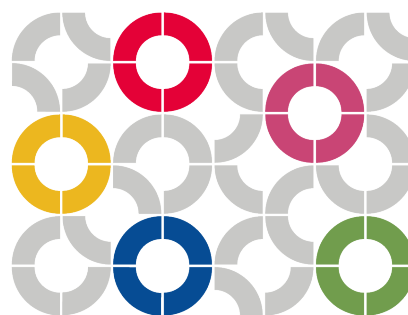
The Prosper accreditation window stickers are a mark of achievement and demonstrates a home's level of commitment to promoting the safer provision of care for every resident.

There are 4 levels which can be awarded, each level has a set of criteria which will need to be evidenced before a home is awarded that level. Each home when starting on Prosper receives their level 1 white stickers, via their Prosper support officer.

If your home is interested in applying for a level award or want to find out more about the criteria and gain access to the application form, please visit: [Prosper Accreditation | Provider Hub | Essex](#)



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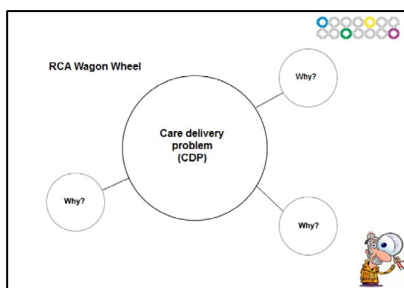
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Manning's Methodology Wagon Wheel

Last month I demonstrated how the 'Ask Why' technique could be used as a Root Cause Analysis (RCA) tool when an incident has occurred in your home. This month I want to discuss another RCA tool, the 'Wagon Wheel'.

The 'Wagon Wheel' is basically a deconstructed 'cause and effect' tool (see below).

When an incident occurs, write the incident in the large circle in the middle of the box. This could be 'Resident A was found lying on the floor in their room' or 'Resident A did not receive their medication'. Just record what the incident is



Then in the smaller boxes around the outside write down all the possible reasons this incident may have occurred. This should **not** just be your suspicion of why the incident happened but should include all possible reasons you can think of. The diagram above shows three outer circle, but this is just an example, and you can have any number. You may only be able to complete one or two, but in most cases I would expect there to be many more outer circles to analyse.

Remember to use the 'Tom Jones' technique of asking why, why, why, until you can think of no other possible reason why the incident may have occurred.

You have now completed your 'Wagon Wheel'.
Provider Quality Innovation

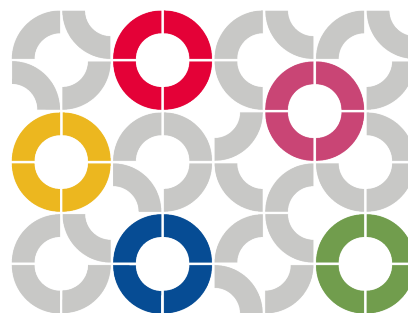
Analysing a completed Wagon Wheel

The line between the small outer circles and the main centre circle on your completed 'Wagon Wheel' represents the process which should prevent the outer circle leading to the inner circle incident occurring.

So you need to look at each outer circle separately and question whether your process is working well or not. In many cases you will feel that the process you have in place is doing its job, which is fine and to be expected. However you will also find some processes, that if you are honest, are not working so well, and these need to be reviewed and 'tightened' within an action plan.

Additionally you may find the odd instance where there does not appear to be a process currently in place to prevent the incident occurring, in these cases a process will need to be created and implemented.

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Poetry Corner

Autumn Poem

Poem by Sue Smith, Manager of Cherry Wood Grange

The low autumn sun shines through the TREES! At this time of year
hardly have any LEAVES!

They're falling gracefully to the GROUND, without making any SOUND!
Leaving beautiful colours all AROUND!

The air smells musky with a hint of SMOKE, due to the fires that are
being POKED!

The birds are resting out of harm's WAY, some have migrated as it's
too cold for them to STAY!

The night's draw in and the days are not so LONG, Dusk falls and the
sunshine's GONE!

The moon rises in the cold night SKY, darkness surrounds us as we
SIGH!

Warm hot drinks before we go to BED, time to cuddle up and rest our
HEAD

Awake in the morning to the fresh wet DEW, switch on the kettle to
make a nice hot BREW!

Start your day dressed up warm and TIGHT, take a walk with a loved
one and enjoy the autumn SIGHTS

So much to see and so much to DOembrace in this season as
winter's waiting for YOU!

Done Something New and Exciting?

Do you have a top tip, an
amazing new idea to share
or an event that is different
to any other and would like
it published in the
newsletter?

Don't forget to wear your badge with pride!



Prosper Contact

Would you like a prosper
support visit, or can't find
something you are looking
for on the provider hub then
email

Prosper@essex.gov.uk