

# Provider Quality Innovation

## Domiciliary Care Programme Autumn 2025

For further information or to book any of the courses/programmes please email [quality.innovation@essex.gov.uk](mailto:quality.innovation@essex.gov.uk). These courses are only open to Domiciliary Care Agencies and Supported Living services who provide a service in the Essex County Council Local Authority area.

**OT Clinic** – Every Wednesday, Virtual. Provider Quality Teams Senior Occupation Therapist hosting the opportunity to ask questions, discuss case studies, general OT questions and sign posting.

### **OT Bitesize sessions – Virtual**

#### **Falls Prevention Part 1**

- 7<sup>th</sup> October 2025, 10am to 12pm
- 5<sup>th</sup> December 2025, 10am to 12pm
- 11<sup>th</sup> February 2026, 1pm to 3pm

#### **Falls Prevention Part 2**

- 14<sup>th</sup> October 2025, 1pm to 3pm
- 11<sup>th</sup> December 2025, 1pm to 3pm
- 20<sup>th</sup> February 2025, 10am to 12pm

#### **Seating and Sleeping Positions – Keep it symmetrical**

- 3<sup>rd</sup> September 2025, 1pm to 3pm
- 21<sup>st</sup> October 2025, 1pm to 3pm
- 13<sup>th</sup> January 2026, 1pm to 3pm
- 25<sup>th</sup> February 2026, 1pm to 3pm

#### **How to unlock Meaningful Activity**

- 12<sup>th</sup> September 2025, 10am to 12pm
- 4<sup>th</sup> November 2025, 10am to 12pm
- 22<sup>nd</sup> January 2025, 1pm to 3pm
- 5<sup>th</sup> March 2025, 1pm to 3pm

#### **Safer Handling Part 1**

- 16<sup>th</sup> September 2025, 1pm to 3pm
- 20<sup>th</sup> November 2025, 10am to 12pm

- 27<sup>th</sup> January 2026, 10am to 12pm
- 13<sup>th</sup> March 2026, 10am to 12pm

### **Safer Handling Part 2**

- 1<sup>st</sup> October 2025, 1pm to 3pm
- 26<sup>th</sup> November 2025, 1pm to 3pm
- 6<sup>th</sup> February 2025, 10am to 12pm
- 24<sup>th</sup> March 2026, 10am to 12pm

**My Home Life Leadership Programme – This is an 8 month programme**, the 3 workshop dates must be attended in order to proceed on the programme. There is an expectation to attend the action learning dates apart from planned leave, illness or CQC inspection.

#### **Workshop dates** (all 3 dates must be attended)

- Tues 9 September 2025, 9.45am to 4pm, County Hotel, Chelmsford
- Tues 16 September 2025, 9.45am to 4pm, County Hotel, Chelmsford
- Tues 20 January 2026, 9.45am to 4pm, County Hotel, Chelmsford

#### **Half day Action Learning dates**

- Tues 21 October 2025
- Tues 18 November 2025
- Tues 7 February 2026
- Tues 24 March 2026
- Tues 1 April 2026
- Tues 19 May 2026

**Completion Day** – 16<sup>th</sup> June 2025, 9.45am to 4pm

### **Domiciliary Care Toolkit on care provider hub**

<https://www.essexproviderhub.org/quality/quality-innovation-team/domiciliary-care-toolkit/>

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### **Other Training courses offered by system partners**

**Lets Get Digital** – Free Beginners courses offered by ACL <https://tinyurl.com/54p45jzz>