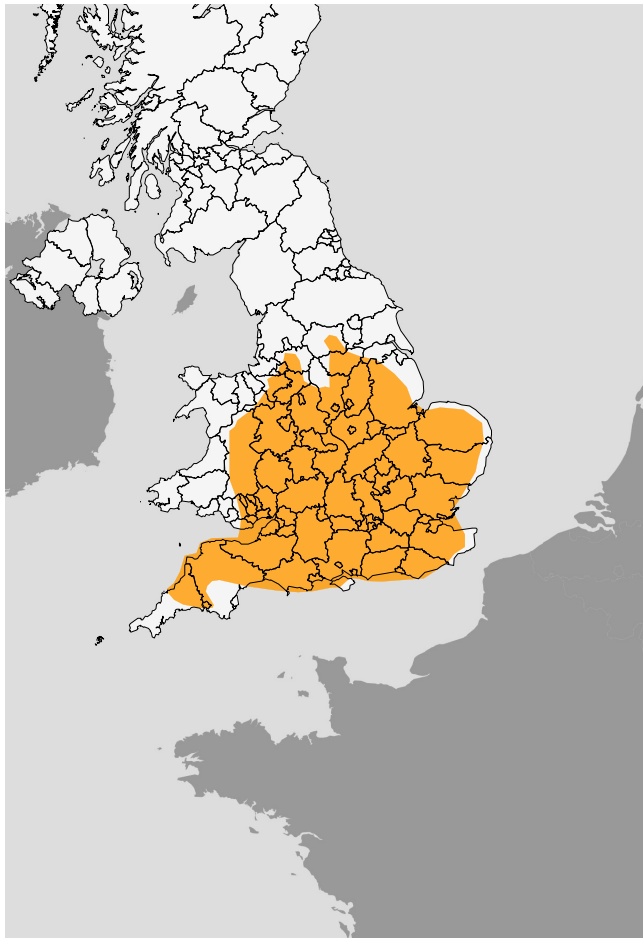




Amber warning  
**Extreme Heat**

Between  
**00:00 Thu 11 Aug 2022** and  
**23:59 Sun 14 Aug 2022**



## A hot spell will develop across parts of England and Wales later this week.

### What to expect


- Adverse health effects are likely to be experienced by those vulnerable to extreme heat
- The wider population are likely to experience some adverse health effects including sunburn or heat exhaustion (dehydration, nausea, fatigue) and other heat related illnesses
- Some changes in working practices and daily routines likely to be required
- An increased chance that some heat-sensitive systems and equipment may fail.
- More people are likely to visit coastal areas, lakes, rivers and other beauty spots leading to an increased risk of water safety and fire-related incidents.
- Some delays to road, rail and air travel are possible, with potential for welfare issues for those who experience prolonged delays

**Issued at 09:59 Tue 9 Aug, 2022**

**For enquiries regarding this warning please contact the Met Office Weather Desk**

**Phone:** 0370 900 0100 **E-mail:** [enquiries@metoffice.gov.uk](mailto:enquiries@metoffice.gov.uk)

**Visit:** <https://hazardmanager.metoffice.gov.uk>

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### Further details

Temperatures will increase across much of the UK over the coming week. Temperatures will be highest across parts of England and Wales with these peaking on Friday and Saturday.

In addition to high daytime maxima, temperatures overnight will remain very warm, especially in larger urban areas.



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## All regions & authorities affected

### East Midlands

Derby Derbyshire Leicester Leicestershire Lincolnshire Northamptonshire Nottingham Nottinghamshire Rutland

### East of England

Bedford Cambridgeshire Central Bedfordshire Essex Hertfordshire Luton Norfolk Peterborough Southend-on-Sea Suffolk Thurrock

### London & South East England

Bracknell Forest Brighton and Hove Buckinghamshire East Sussex Greater London Hampshire Isle of Wight Kent Medway Milton Keynes Oxfordshire Portsmouth Reading Slough Southampton Surrey West Berkshire West Sussex Windsor and Maidenhead Wokingham

### North West England

Cheshire East Cheshire West and Chester Greater Manchester Halton Warrington

### South West England

Bath and North East Somerset Bournemouth Christchurch and Poole Bristol Cornwall Devon Dorset Gloucestershire North Somerset Plymouth Somerset South Gloucestershire Swindon Wiltshire

### Wales

Blaenau Gwent Caerphilly Cardiff Merthyr Tydfil Monmouthshire Newport Powys Rhondda Cynon Taf Torfaen Vale of Glamorgan Wrexham

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## All regions & authorities affected (continued)

### **West Midlands**

Herefordshire Shropshire Staffordshire Stoke-on-Trent Telford and Wrekin Warwickshire  
West Midlands Conurbation Worcestershire

### **Yorkshire & Humber**

North Lincolnshire South Yorkshire West Yorkshire

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