

Provider Quality Innovation

Residential Care Homes Autumn 2025 Training

For further information or to book any of the courses/programmes please email quality.innovation@essex.gov.uk

These courses are only open to Residential Care Homes and Nursing Homes who are in the Essex County Council Local Authority area.

We are busy organising more training opportunities, these will be added over the coming weeks, please check back for any additional updates.

OT Clinic – Every Wednesday from 23rd April 2025, Virtual. Provider Quality Teams Senior Occupation Therapist hosting the opportunity to ask questions, discuss case studies, general OT questions and sign posting.

OT Bitesize sessions – Virtual

Falls Prevention Part 1

- 7th October 2025, 10am to 12pm
- 5th December 2025, 10am to 12pm
- 11th February 2026, 1pm to 3pm

Falls Prevention Part 2

- 14th October 2025, 1pm to 3pm
- 11th December 2025, 1pm to 3pm
- 20th February 2025, 10am to 12pm

Seating and Sleeping Positions – Keep it symmetrical

- 3rd September 2025, 1pm to 3pm
- 21st October 2025, 1pm to 3pm
- 13th January 2026, 1pm to 3pm
- 25th February 2026, 1pm to 3pm

How to unlock Meaningful Activity

- 12th September 2025, 10am to 12pm
- 4th November 2025, 10am to 12pm
- 21st January 2025, 1pm to 3pm
- 5th March 2025, 1pm to 3pm

Safer Handling Part 1

- 16th September 2025, 1pm to 3pm
- 20th November 2025, 10am to 12pm
- 27th January 2026, 10am to 12pm
- 13th March 2026, 10am to 12pm

Safer Handling Part 2

- 1st October 2025, 1pm to 3pm
- 26th November 2025, 1pm to 3pm
- 6th February 2026, 10am to 12pm
- 24th March 2026, 10am to 12pm

Falls CPD Workshop for Managers – Residential Care

These sessions are run by the Provider Quality Teams Senior OT.

- 23rd Sept 2025, 9.45am to 12.30pm – Colchester Football Stadium
- 30th Sept 2025, 9.45am to 12.30pm – Hamptons, Chelmsford
- 9th Oct 2025, 9.45am to 12.30pm – Wat Tyler, Basildon
- 16th Oct 2025, 9.45am to 12.30pm – Latton Bush Centre, Harlow

Namaste Care for Advanced Dementia and End of Life - delivered by St. Helena Hospice

- 24th Sept 2025, 9.30am to 4.30pm – Colchester
- 18th Nov 2025, 9.30am to 4.30pm – Colchester
- 11th February 2026, 9.30am to 4.30pm – Colchester

HEARTS (Hands on, Empathy, Aroma, Relaxation, Texture, Sound) - delivered by St. Helena Hospice

- 1st Oct 2025, 9.30am to 1pm – Colchester
- 17th Feb 2026, 9.30am to 1pm – Colchester
- 5th Mar 2026, 9.30am to 1pm - Colchester

Focused Wellbeing for Residents and Staff training - delivered by St. Helena Hospice

- 30th October 2025, 9.30am to 1pm – Colchester
- 20th January 2026, 9.30am to 1pm - Colchester

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Other Training courses offered by system partners

Lets Get Digital – Free Beginners courses offered by ACL <https://tinyurl.com/54p45jzz>