

Join us at our groups in North West Essex

Join us this Spring

Our community groups are for people with dementia or memory issues and their carers and friends. Get information, make friends and have fun. All groups are free to attend.

Singing for the Brain® Takeley

Priors Green Community Hall, Takeley. CM6 1YE

First and third Thursday of the month 10.30am—12noon

Uttlesford Winter Café

Thaxted Church Hall, Margaret Street, Thaxted. CM6 2QN

Wednesday 11 and 25 March 2—3.30pm

Outside with us at Hatfield Forest

Hatfield Forest, Bush End Road, Takeley, CM22 6NE

Second and Fourth Thursday of the month from 2-3.30pm

Starting 14 May until 23 July 2026

Get in touch to find out more

Email: essexgroups@alzheimers.org.uk

Tel: 0333 150 3456



**Alzheimer's
Society**

Together we are help & hope
for everyone living with dementia



Registered charity no. 296645. Alzheimer's Society operates in England, Wales and Northern Ireland.