

Prosper



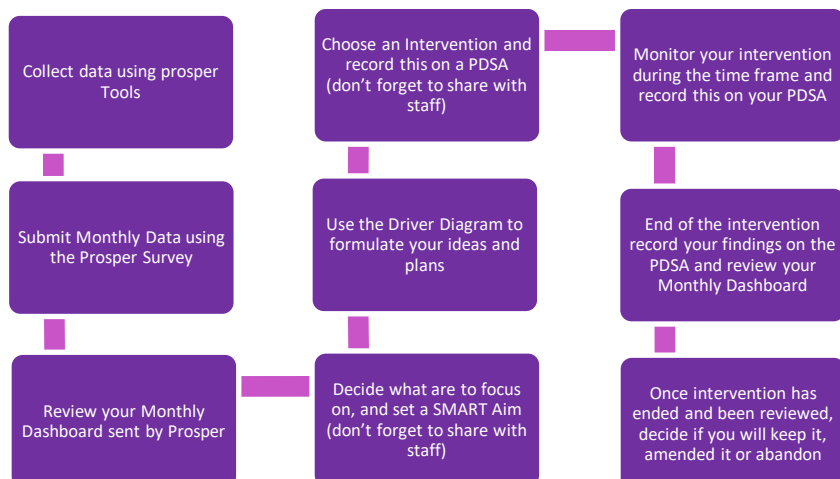
Issue 116 November 2024

Welcome to November's edition of the PROSPER newsletter, designed to keep you updated with the progress of the PROSPER programme.

Promoting Safer Provision of care for Every Resident.

PROSPER Workshops

PROSPER workshops are a great session for homes who would like a refresher about the PROSPER project. The sessions explore how the PROSPER methodology can work for your home, what tools are available to support you with your SMART aim and how recording your small acts of change can help with reflection. Follow up visits can help you keep focused and utilise tools and opportunities. All staff are welcome on these sessions, as we know the more people involved in PROSPER the more ideas and knowledge is shared and put into practise.



If you would like your support officer to visit your home and hold a PROSPER workshop.

Please contact prosper@essex.gov.uk

Provider Quality Innovation

Residents Riddle?

Each month we will provide a riddle for residents to solve. Please email their answers to

prosper@essex.gov.uk

Answer to last month's riddle was of course:

A Bat

Well done to all at **Parkview and Glendale** who answered the riddle correctly.

This month's riddle is...

**I come with many colours so beautiful and bright, I turn many houses into a beautiful sight!
What am I?**

Answer in next month's newsletter



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Prosper Skills Network Sessions

Did you know we have several different Skills Network Sessions we can either deliver face to face or virtually for your home.

These bitesize sessions focus on different subject matters that the Prosper Project covers and are aimed to help build/refresh skills and knowledge to staff on these areas.

Again, these sessions are a great way of introducing prosper into your home, as they go over different tools prosper has to offer around that subject matter, as well as highlighting the importance of why these areas are an important part of everyday care for residents.

The sessions we have on offer are:

Falls

Nutrition and Hydration

Pressure Ulcers

UTI's

Oral Healthcare

If you would like to book the skills networks for your home, please

Please contact prosper@essex.gov.uk

Are you using the PROSPER tools to support your interventions?

The PROSPER toolkit has lots of different tools, posters and even a step by step guide around the methodology we use. It is always being updated so if you have not had a look in a while make sure to visit

<https://www.essexproviderhub.org/quality/quality-innovation-team/prosper/prosper/>

SAFETY CROSS-CALENDAR

■ No Falls
■ New resident with history of falls
■ Falls

1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24
25	26	27	28	29	30	31					

FALLS SAFETY CALENDAR

Year: _____
Month: _____



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Prosper Window Accreditation

The Prosper accreditation window stickers are a mark of achievement and demonstrates a home's level of commitment to promoting the safer provision of care for every resident.

There are 4 levels which can be awarded, each level has a set of criteria which will need to be evidenced before a home is awarded that level. Each home when starting on Prosper receives their level 1 white stickers, via their Prosper support officer.

If your home is interested in applying for a level award or want to find out more about the criteria and gain access to the application form, please visit:

[Prosper Window Stickers](#) | [Provider Hub](#) | [Essex \(essexproviderhub.org\)](#)



CARE PROVIDER HUB

Not only has the prosper toolkit but a lot more including:

Newsletters

- ❖ Backdated Editions of the Prosper Newsletter
- ❖ Innovation Team Newsletter

Training and Events

- ❖ Current training programmes for OP Residential
- ❖ Events Tab where you can find and book training on offer from ECC.

To Access the hub please use the link below

[Quality Innovation Team](#) | [Provider Hub](#) | [Essex \(essexproviderhub.org\)](#)

Provider Quality Innovation

Prosper Silver Accreditation for Loganberry Lodge

Congratulations to Loganberry Lodge Care Home, who have recently been awarded their PROSPER Silver Accreditation.

Care Manager, Oana Dunea, has done an amazing job in introducing Prosper at Loganberry Lodge over the past 12 months. She has set regular smart aims, after analysing their data, completed driver diagrams and has conducted several successful PDSA's

Both Oana and Home Manager John are now focused on achieving their Gold Accreditation!



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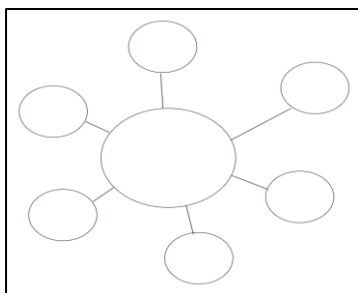
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Manning's Methodology Corner

Wagon Wheel

Last month I introduced the 'Ask Why' technique as a root cause analysis tool. This month I am going to highlight a second technique that could be used as an alternative to 'Ask Why', which is the 'Wagon Wheel'.

The 'Wagon Wheel' is a deconstructed Cause and Effect diagram, where you place a circle in the middle of the diagram and write in it the issue that has occurred. You then surround the centre circle with a series of smaller circles, in those write all the factors you feel could have led to the issue occurring. Note that you include all contributing factors you can think of, not just those you think caused the incident. Furthermore, there is no maximum or minimum number of contributing factors to list, it is just however many you think of.



Once you have listed all the potential contributing factors onto the diagram you link each outer circles with the inner circle (see template above) with a line. This line represents the policy or process your home has in place to prevent the contributing factor leading to issue occurring.

Look at each process in turn and decide if, firstly, you do have a process or policy in place, and if so, is that policy or process effective in preventing that contributing factor causing the issue (or incident) to occur.

Making recommendations from a Wagon Wheel

The final paragraph on the left explains how you analyse your completed Wagon Wheel. And you can see there can only be two types of recommendations that can be forthcoming:

Recommendations to improve existing systems which are not working as well as they might.

Or

Recommendations to implement systems that are currently missing.

Naturally either type of recommendation above could have numerous potential solutions, and any of these could be trialled using the **Plan, Do, Study, Act (PDSA)** process.



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Poetry Corner

Once again, our regular contributor Sue Smith, Manager at Cherry Wood Grange, has sent us a poem to end this month's newsletter.

The Poppy

The poppy is the symbol of remembrance of the First World WAR!
Young boys and men sent to the front line, whether they were rich or POOR!

They fought for our country to give us freedom and PEACE! So many lost their lives, leaving millions DECEASED!

The bloodshed was horrific, yet no one died in VAIN, as we all live on but we'll never forget their PAIN!

Shellshocked with shattered memories embedded within their HEAD, so many soldiers laying in the fields, injured or DEAD!.

How did the survivors recover from such a traumatic ORDEAL, at times the war hero's must have thought, was the awful war REAL?

The scars, nightmares and sorrow the war left BEHIND is a reminder of the unfortunate tragedy of MANKIND!

History holds the stories of those brave soldiers, heroes and EVACUEES, it's our duty to share their stories, 'lest we forget' PLEASE!

Wearing a poppy on Remembrance Day is a show of solidarity and LOVE, and a way of saying thank you for the freedom they gave US!

Done Something New and Exciting?

Do you have a top tip, an amazing new idea to share or an event that is different from any other and would like it published in the newsletter?

Don't forget to wear your badge with pride!



Prosper Contact

Would you like a prosper support visit, or can't find something you are looking for on the provider hub then email

Prosper@essex.gov.uk