

Wellbeing and illbeing tool

- This tool was originally developed as a way of observing and identifying changes in adults who have dementia. The tool is useful for all adults including those who have complex learning disabilities.
- The tool encourages the user to observe behaviours, posture, engagement, emotions etc which will form a picture of the person in terms of their state of wellbeing or indeed their state of illbeing.
- This evidence can then be used to
 - Investigate what might be causing any illbeing
 - Identify what creates a state of wellbeing
 - Make changes to an individual support plan
 - Provide supporting evidence to health professionals
 - Provide supporting evidence for individual social care reviews
 - Provide evidence to families and friends

[Wellbeing Illbeing Toolkit](#)

[Wellbeing monitoring tool – Easy Read](#)