

# West Essex Specialist Dementia and Frailty Service and Intensive Support Team

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Older Peoples Mental Health Community Services.

# Who are we? What do we do?

- We provide an assessment, diagnostic and treatment pathway for people concerned about their memory of any age. Tier 1 and 2 service.
- 0-6 week referral to diagnosis pathway – medically led
- 6 month post diagnostic support – nurse and Allied Health Professional led
- Post diagnostic support includes medication titration, Cognitive Stimulation Therapy (CST), access to Alzheimer's Society outreach workers for advice and support, psycho-educational support for the patient and their families, advice on psycho-social cognitive stimulation activities and access to equipment and telecare solutions.
- Fully formed Multi Disciplinary Team in each locality of West Essex includes Drs, Nurses Occupational Therapists and Psychology
- Self Directed Support packages for patients under 65

# Who are we? What do we do?

- Assessment, diagnostic and treatment pathway for patients over the age of 75 with functional mental health conditions (with an age related frailty)
- Provide Urgent Community Response for patients in crisis to prevent unnecessary hospital admissions within 2 hrs of referral
- Intensive Support Team provides 6 week intervention for patients in crisis to support patients to remain in their own homes. 2023 - 91% admissions avoided to both Mental Health and acute wards.
- Complex case management
- Investigate safeguarding cases
- Care home liaison function and support for Discharge 2 Assess beds
- Community Hospital Mental Health Liaison (all age)

# Integration in West Essex

- The SDFS and IST team are integrated and co-located within the wider EPUT community Services, including the community nursing service and specialist services such as the Diabetes Team, specialist OT/Physio and Tissue viability service.
- We are fully integrated within the Care Co-ordination Centre (CCC).
- We support the Care Closer to Home model supporting Urgent Community Response, D2A and R2H beds, Virtual Hospital etc.
- We work alongside our ECC specialist MH social workers and generic Adult Social care Teams.

How to contact us.....

Via CCC

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