

## Health Action Plan for adults with a Learning Disability

As part of the patient's annual health check, GP practices are required to produce a health action plan.

A health action plan identifies

- the patient's health needs
- goals and actions (including what the patient needs to do)
- who will help them achieve their goals and when this will be reviewed
- a summary of what was discussed and any other relevant information
- what is important to the patient
- what their goals or outcomes are that they want to achieve.
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Where possible, and if the patient has the mental capacity to provide it with their consent, the health action plan should be shared with other relevant professionals and Support staff who are involved in the care of the patient.

[Health Action Plan Easy Read Form](#)