

NEIGHBOURHOODS IN A NUTSHELL



WHAT ARE NEIGHBOURHOOD TEAMS?

Neighbourhood Teams **support the people of Mid Essex to live their best lives**. Neighbourhood Teams are a **team of teams** working together across a broad range of services including:

- Primary Care
- Adult Social Care
- Voluntary sector organisations
- Mental Health Teams
- Local Authorities
- Community Nursing

By working together as a Neighbourhood Team we aim to:

1. Reduce siloed working & duplication
2. Increase community resilience
3. Reduce demand on the health & care system
4. Increase workforce satisfaction

WHY DO WE NEED NEIGHBOURHOOD TEAMS?

An individual's **health & wellbeing** is dependent on a range of factors.

Areas such as physical health, mental health, housing & other social determinants are all important and are supported by a **broad range of partners**.

With so many organisations working to support an individual, there is an increasing need to be able to **work & communicate together more effectively**.

- We know how difficult this can be when we are so busy, have different organisation priorities & demands & work in separate locations.
- We also know that siloed working creates a fragmented system, duplication, referrals bouncing around the system and delays in achieving the right care.
- We are also seeing increase in complexity with an aging population & significant work force challenges.

Neighbourhood Teams support us to work together in a more streamlined way.

HOW DO WE ACHIEVE THIS?

Each Neighbourhood Team has an allocated **Neighbourhood Officer**, who will work with the partners to build capacity & support them to achieve their joint goals within their neighbourhood area.

To support this approach we co-produced with partners our **Ways of Working** framework, which are a range of **tools & opportunities** specifically designed to build & develop the Neighbourhood Teams. They include:

- **Neighbourhood Drop-ins** - weekly sessions for each neighbourhood that support quick problem solving
- **Neighbourhood Forums** - bi-monthly forums which focuses on relationship maintenance & info sharing
- **Neighbourhood Handbook** - A digital resource that contains a comprehensive Contacts Directory across the 6 Neighbourhood Teams alongside a range of other useful resources

JOIN YOUR LOCAL NEIGHBOURHOOD TEAM

Please complete our One Page Profile by [Clicking here](#) or scanning the QR code. Upon completing the profile, you will be given access to the Ways of Working initiatives, including receiving invites to Neighbourhood Team events & gaining access to the Neighbourhood Handbook.

For more information please contact the team at:
provide.midessex.integratedneighbourhoods@nhs.net



"COMING TOGETHER IS THE BEGINNING, KEEPING TOGETHER IS PROGRESS, WORKING TOGETHER IS SUCCESS" Henry Ford

How we CAME TOGETHER

Through Nov 2023 & Jan 2024 we delivered **18** **Formations Workshops** over the **6 Neighbourhood** areas (**3 per Neighbourhood**). These workshops brought together over **160** partners from **37** organisations working in the greater health & care system in Mid Essex.

These sessions allowed us to co-produce our **Ways of Working** framework, which addressed the question of how partners could **keep** & ultimately **work** together as Neighbourhood Teams.



How we're KEEPING TOGETHER

NEIGHBOURHOOD DROP-INS

Informal networking, real time problem solving & knowledge sharing.

Launched in **Feb 2024**. These weekly, online session (1x each Neighbourhood area) have a focus on early help & prevention & are facilitated by the Neighbourhood Officer. These are our... **VIRTUAL WATER-COOLERS!**

Through the drop-ins **112** partners have been supported to navigate health & care systems, promote services and opportunities for our communities.

NEIGHBOURHOOD FORUMS

Relationship building, networking, community building & wellbeing.

Launched in **March 2024** we have now

held **11** forums, with over **300** partners having attended the face-to-face sessions. Focused sessions on **Primary Care, Children's Early Help, Mental Health, Adult Social Care & Carers**.

NEIGHBOURHOODS HANDBOOK

A digital resource shared monthly with partners across the health & care system.

Since launching in **Feb 2024** the handbook has grown to include the details & role descriptions of **530**

partners from over **120** organisations working in the health & care system in Mid Essex.

The handbook also includes the following: **GP surgeries, pharmacies & care homes by Neighbourhoods area, links to Drop-in/Forums/etc., Postcode Lookup, Interactive Map, & Links to other system support & directories**

How we're WORKING TOGETHER

NEIGHBOURHOOD LEADERSHIP GROUPS (NLGs)

Allow local leaders to stay connected. Creates a strong local voice in wider system. Empowers local systems to find solutions to challenges.

Launched in **April 2024** now established across all 6 Neighbourhood areas.

With representation from, Primary Care, Adult Social Care, local authorities, community mental health, community nursing and voluntary sector.

EXAMPLES OF AREAS OF INTEGRATED WORK:

- Co-producing Mental Health pathway tool with local partners
- Supporting the roll out of the Shared Care Record & population health dashboards
- Supporting Community respiratory days in Maldon Neighbourhoods

EXAMPLES OF AREAS OF EMERGING INTEGRATED WORK

- Development of community outreach days in each Neighbourhood area
- Developing multi-agency outreach buses in rural areas of Braintree & Maldon Neighbourhoods
- Co-ordinating wrap-around support for homeless populations in Chelmsford Neighbourhoods

Scan the QR code to complete our **Partner 1-page Profile** to become part of Neighbourhood Teams in Mid Essex?



TEAM MID ESSEX