This is a three-day course and participants will be expected to attend all three days to gain their certificate.

The course is aimed at Domiciliary Care staff and Supported Living providers who work within the geographical boundaries of Essex County Council. The course covers aspects such as:

* Increased confidence in matters relating to end-of-life care.
* Recognising when someone is exhibiting changes which could be part of dying.
* Know how the individual and those close to them may respond to their anticipated death, and how to support them with this response.
* Understand the person-centred approach to Advance Care Planning including DNACPR, Mental Capacity and consent, faith and spirituality, self- awareness and Lasting Power of Attorney or any relevant documentation depending on locality.

Farleigh Hospice, St Lukes Hospice and Saint Francis Hospice will each deliver one of the days covering different aspects of End of Life.

The first two days are held in Chelmsford and the third day will be held at St Lukes new hospice and training centre in Upminster with a chance to look around a modern hospice and see how it delivers a service to those at end of life.

Parking at Hamptons costs £1 for the day. Parking is free at St Lukes. Lunch will be provided at both venues.

**14th February 2024** at Hamptons Sport & Leisure, Tydemans, off, Beehive Ln, Great Baddow, Chelmsford CM2 9FH

**21st February 2024** at Hamptons Sport & Leisure, Tydemans, off, Beehive Ln, Great Baddow, Chelmsford CM2 9FH

**28th February 2024 at** St Lukes Hospice, Farriers Way, Bulphan, Upminster, Basildon RM14 3EB

Days will start at 09:15 promptly and aim to finish by 16:30 at the latest.

Places are limited to two per service although we will take people on the waiting list in case people cancel. Please complete the form below and send to Jenny Peckham [jenny.peckham@essex.gov.uk](mailto:jenny.peckham@essex.gov.uk)

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| **NAME** | **WORK E mail Address** | **Contact Number** | **Any special dietary requirements** | **Geographical place of work in Essex** |
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