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| **Autism Reality Experience for AWD Providers** |
| The **Autism Reality Experience** is an innovative, immersive and hands on training which has been developed to give neurotypical people an opportunity to enter the neurodiverse world and experience the sensory processing difficulties faced by people on the autism spectrum. Invented by **Training 2 CARE’s CEO Glenn Knight and 150 Autistic people**, the Autism Reality Experience truly puts the challenges that people with autism experience face into perspective to embed empathy, understanding and inclusive support.The ‘ARE’ challenges normal thinking and directly confronts you with the profound impact of the environment, communication and much more.  As a delegate, you will feel the impact of:* Hypersensitivity to the sensory environment
* How it feels to become overwhelmed
* Proprioceptive hyposensitivity
* Vestibular hypersensitivity
* Difficulty processing language and instructions
* Flexibility of thought issues
* Being in an environment that doesn’t account for your needs

**Attendees will be required to complete a medical disclaimer to take part in the experience.****. Please note those who are pregnant cannot take part.** **Two spaces** per registered service. There will be two sessions running on each date. Please detail the preferred date and session time in the booking grid. The sessions will start promptly at 10:00 and 13:30 please arrive early to allow time for registration. Entry will not be permitted once the session has started. |
| DatesThursday 27th February 2025OrTuesday 18th March 2025 | Times 10:00 – 13:00 Or13:30 – 16:30 | Venue Training2Care, Spitfire Drive, The Fairways, Earls Colne, Colchester, CO6 2NS |

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| Delegate name/s: |
| Session date and time:  |
| Name of company, Service and geographical area covered: |
| Work Email: |
| Phone: |

This course is only open to registered adult social care services that are based within the geographical boundaries of Essex County Council.

Please complete the booking table, return to quality.innovation@essex.gov.uk  and await booking confirmation.

Essex County Council (ECC) is the controller of the personal information you provide to us.

The personal information collected on this form will be used by ECC for the administration of the training/event you have requested. This information will only be shared with the relevant training or event organiser for the purposes of contacting you about the training/event. If we suspect fraud or crime is being committed, we may also share your information with the police and other fraud investigations, where the law requires us to do so. For more detail on how your personal information is used and your rights, please visit [www.essex.gov.uk/privacy](http://www.essex.gov.uk/privacy)