

# Provider Quality Innovation

## Residential Care Homes Spring 2026 Training

For further information or to book any of the courses/programmes please email [quality.innovation@essex.gov.uk](mailto:quality.innovation@essex.gov.uk)

These courses are only open to Residential Care Homes and Nursing Homes who are in the Essex County Council Local Authority area.

**We are busy organising more training opportunities, these will be added over the coming weeks, please check back for any additional updates.**

**OT Clinic** – Every Wednesday, Virtual. Provider Quality Teams Senior Occupation Therapist hosting the opportunity to ask questions, discuss case studies, general OT questions and sign posting.

### **Ageing Well & Frailty delivered by Princess Alexandra Hospital (West Essex Care Homes only)**

- 29<sup>th</sup> April 2026, 9.30 – 3.30pm – The Harlow Hotel, Harlow

### **Prosper Spotlight: Falls Prevention delivered by Physiotherapist, Reef Cowell**

All sessions are 9.30am to 1.30pm followed by a Prosper networking Lunch

- 30<sup>th</sup> April 2026, Colchester Football Stadium
- 7<sup>th</sup> May 2026, Princes Theatre, Clacton
- 13<sup>th</sup> May 2026, Latton Bush Centre, Harlow
- 19<sup>th</sup> May 2026, Hamptons, Chelmsford
- 21<sup>st</sup> May 2026, Wat Tyler, Basildon

### **Dignity Champions Training with Amanda Waring - Virtual**

- 21<sup>st</sup> April 2026, 9.30am to 12.30pm
- 21<sup>st</sup> April 2026, 2pm to 4.30pm
- 12<sup>th</sup> May 2026, 2pm to 4.30pm
- 14<sup>th</sup> May 2026, 9.30am to 12.30pm

### **End of life Care Emotional Support with Amanda Waring - Virtual**

- 28<sup>th</sup> April 2026, 9.30am to 12.30pm
- 28<sup>th</sup> April 2026, 2pm to 4.30pm
- 12<sup>th</sup> May 2026, 9.30am to 12.30pm
- 14<sup>th</sup> May 2026, 2pm to 4.30pm

## **Prosper Champion Study Days – Nutrition Hydration, Alzheimer Society Lift the Lid, De-escalation and Sensory & Dementia**

- 16<sup>th</sup> June 2026, 9.30am to 3.30pm, Colchester Football Stadium
- 18<sup>th</sup> June 2026, 9.30am to 3.30pm, Chelmsford
- 25<sup>th</sup> June 2026, 9.30am to 3.30pm, Harlow Hotel, Harlow
- 7<sup>th</sup> July 2026, 9.30am to 3.30pm, Basildon
- 9<sup>th</sup> July 2026, 9.30m to 3.30pm, Clacton

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## **Other Training courses offered by system partners**

**Lets Get Digital** – Free Beginners courses offered by ACL <https://tinyurl.com/54p45jzz>