

Ageing Well Checklist for reviews

Purpose – to serve as a prompt for what to look for when carrying out reviews of people with a learning disability who are considered to be ageing

Function – to ensure that people are being supported to age well, are protected from unnecessary deterioration in any health condition or potential premature death and have a good life as they grow older

Using the checklist –

- Go through the checklist with the person with an LD/their family/Advocate, in advance of the review taking place so that you can be sure that all relevant documents are in place, relevant and up to date. Have them ready for the review. Where they are not in place be clear about your reason why and a plan to rectify this.
- The Reviewer will be completing the checklist as part of the review. You could pre-empt this by filling it in and having all the relevant documentation available to sit alongside this. It's not enough to say that it's in place, you need to be able to show each document as evidence.
- The completed checklist will be saved as part of the review documentation.
- Where documents are not in place it is likely that a follow call/visit will be made to ensure that this is rectified

Ageing Well Review Checklist

SUPPORTING PEOPLE WITH LEARNING DISABILITIES TO AGE WELL

- | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Annual Health Checks/Vaccinations When was the last annual health check? Have they had the Covid 19 Vaccination, and do they have annual flu vaccinations? | <input type="checkbox"/> Is there an End of Life Plan in place? Is this periodically reviewed with the adult and/or family? If there is a DNAR in place, is there justification for this? (Refer to easy read guide - When I die) |
| <input type="checkbox"/> Health Action Plan How is the person supported to stay active and healthy? Is the plan regularly reviewed? Is it in a format that the adult can understand? | <input type="checkbox"/> Alternative accommodation If the current accommodation was to close/change its function and purpose, what would be the most suitable alternative? LD residential/OP residential/Supported Living/other- why? |
| <input type="checkbox"/> Hospital Passport/Grab and Go Guide Is there a hospital passport/ Grab and Go Guide in place? Is it up to date and reviewed regularly? Do staff know where to find it? Is it in a format that the adult can understand? | <input type="checkbox"/> Is there a Person-Centered Future Plan in place? If not record in review an action for provider and send info. (Refer to/share link to PCP Future Plan) |
| <input type="checkbox"/> Do they have a diagnosis of Diabetes type 1? Are they or their support staff using the flash glucose monitor (these were distributed by the Government to every person with Diabetes type 1) | <input type="checkbox"/> Does the provider have the skills and experience to support the adult as they age? |
| <input type="checkbox"/> Well being/Illbeing observation tool Is this being completed on a regular basis? If it raises issues is the Significant 7/Restore 2 frailty tool being completed? Have staff attended the ECC run training on this? Provider Training and events dates | <input type="checkbox"/> Does the housing meet their current and future needs? Consider stairs, room for hoist, access to bathrooms etc if mobility decreased. Those they live with. |
| <input type="checkbox"/> Has a Baseline assessment been completed, showing what a good day would look like for the Adult to help identify when changes happen? Refer to/share Baseline Assessment emoji/symbol versions | <input type="checkbox"/> Does this person require coordination of their healthcare? Has this person been in hospital for the same condition more than twice in the past 12 months? Does this person have multiple underlying long-term conditions? |
| <input type="checkbox"/> How will the adult be supported to increase/maintain support networks and reduce isolation as they grow older? Is the provider able to explain/evidence how this will be supported? | <input type="checkbox"/> Does the Adult have a diagnosis/show sign of Dementia? Have staff attended the ECC run training on dementia awareness? (Refer to link – Provider Hub) |



Referral links to ELDP (Essex Learning Disability Partnership) -

(for advice on reasonable adjustments, support with making informed health decisions (particularly where someone refuses treatment or has anxieties/phobias) or any LD related conditions).

South Epunft.ldreferrals@nhs.net

North hpft.necommunityldteam@nhs.net

Mid and West hpft.mwcommunityldteam@nhs.net

Link to Provider Hub Training -

[Provider Training and events dates](#)

TEC Assessment tool -

[Millbrook Tech Assessment page](#)

TEC – Countywide Technology Service link -

[Care Tech video](#)

Other useful links:

[NICE Person-Centered **Future Planning**](#)

[Baseline assessment emoji](#)

[Baseline Assessment - photo symbols](#)

[Significant care tool with links](#)

[Restore2](#)

[Age UK **Conditions** that affect people in **later life**](#)

[Learning Disabilities and **DNR's**](#)

[Hospital **Passports**/Grab and GO](#)

[Making Health and social care **information accessible**](#)

[Easy read **hospital passport** examples](#)