

Falls Prevention

Tips and Advice



Did you notice anything odd today or out of the ordinary? If so, speak to member of staff and report this.



Be mindful how many people are in your loved one's room as this can impact space for movement.



Notify staff if you wish to change or remove things within your loved one's room.



You may need to seek staff permission to bring certain things into the care home such as pets as these can be a trip hazard.



If your loved one has had a fall whilst you are visiting, please tell a member of staff as a matter of urgency.



Please be mindful this is a home for a number of loved ones, and we have everyone's best interest at heart



Falls Prevention

What can you do?

To prevent slips, trips, and falls in our home, please:

- ✓ Ensure chairs and tables are returned to where they were to prevent trip hazards
- ✓ If your loved one wants to walk, ensure their path is clear and they have their own walking aid (if needed)
- ✓ If your loved one needs hoisting equipment, please wait for a trained member of staff to assist
- ✓ Notify a member of staff when taking your loved one out
- ✓ Take any unwanted items home to increase bed-side space for your loved one
- ✓ Inform a member of staff when you leave, particularly if you're leaving your loved one alone

