



Communication



**Communication** is key with someone who has a learning disability, and it will be as individual as the person themselves. If an adult has limited verbal communication they may use Makaton signing and symbols, British Sign Language, Easy Read documents with photosymbols or Widgets or one of many communication devices that aid their communication.

A communication plan can be developed with the help of a speech and language therapist. It is crucial that the plan is followed and any aids to language /communication are always available for the adult to use.

On a more subtle level individuals may display certain behaviours as a way of communicating so it is very important that those supporting the adult are aware of certain behaviours and what they may indicate.

[https://www.mencap.org.uk/sites/default/files/2016-12/Communicating%20with%20people\\_updated%20%281%29.pdf](https://www.mencap.org.uk/sites/default/files/2016-12/Communicating%20with%20people_updated%20%281%29.pdf)

<https://makaton.org/>

<https://widgitonline.com/>

<https://www.photosymbols.com/>

Inclusive Communication Essex can help with communication aids, easy read documents and some basic training around communication including Makaton.

<https://www.essexice.co.uk/>