* This tool was originally developed as a way of observing and identifying changes in adults who have dementia. The tool is useful for all adults including those who have complex learning disabilities.
* The tool encourages the user to observe behaviours, posture, engagement, emotions etc which will form a picture of the person in terms of their state of wellbeing or indeed their state of illbeing.
* This evidence can then be used to
* Investigate what might be causing any illbeing
* Identify what creates a state of wellbeing
* Make changes to an individual support plan
* Provide supporting evidence to health professionals
* Provide supporting evidence for individual social care reviews
* Provide evidence to families and friends

