

PATIENT POSITIONING

SIMPLE...SAFE...EFFECTIVE...THE 30° TILT

SEMI-RECUMBENT POSITION



Supports the lumbar spine. Plump or fold the lower pillow if necessary.



An additional pillow is positioned under the buttock to 'tilt' the body, giving the ischial tuberosities and sacrum clearance.



Ensure that the heels are clear of the mattress.



The full semi-recumbent 30° 'tilt' position.

RECUMBENT POSITION



Use one or two pillows to support the head and neck.



Added pillows 'tilt' the patient onto one buttock and lifts the sacrum clear of the mattress.



Support the full leg on another pillow. Ensure that the heel overhangs the edge of the pillow.



Additional pillows may provide comfort for the legs.

