

Preparing for winter

Presentation subheading

15th October 2025

Immunisations

Residents / Clients / Patients

- Seasonal **flu** immunisation ([over 65 or long-term condition, care home resident, carers in receipt of carers allowance](#))
- **COVID-19** immunisation ([over 75 or care home resident for older adults, immunosuppressed over 6 months old](#))
- **Pneumococcal** immunisation ([one does once 65 or older](#))
- **RSV** (Respiratory Syncytial Virus) ([on turning 75, catch-up for those 75 to 79](#))

Staff

- Seasonal **flu** immunisation (all frontline social care and health staff)
- If **pregnant** (in addition to seasonal flu immunisation)
 - **RSV** immunisation (from 28 weeks of pregnancy)
 - **Whooping cough** (pertussis) immunisation

Preparation

Standard Operation Procedures (SOP) and Business Continuity Plans

- Arrange immunisations
- Record keeping:
 - Residents' vaccination status, medicines, chronic illnesses (e.g. chronic renal failure)
 - Staff vaccination status
- Visiting arrangement
- Staff training (including infection prevention & control)
- When and how to report an outbreak and who does it

Outbreak plan

- How to manage an outbreak of respiratory or gastrointestinal infections
- Resident isolation, cohorting
- Staff cohorting
- Visiting arrangement (professional and love ones)

[Report and Outbreak](#) (for respiratory illness)

Basic Infection Prevention & Control (IPC)

Hand hygiene

Respiratory hygiene

Personal protective equipment (PPE)

- Gloves
- Apron
- Mask
- Goggles

Cleaning

Waste disposal

Useful resources

[Winter-readiness information for Adult Social Care Settings in the East of England](#)

Poster: [Think Flu and COVID-19 in adult social care](#)