

# Provider Quality Innovation

## Residential Care Homes Autumn 2026 Training

For further information or to book any of the courses/programmes please email [quality.innovation@essex.gov.uk](mailto:quality.innovation@essex.gov.uk) These courses are only open to Residential Care Homes and Nursing Homes who are in the Essex County Council Local Authority area.

**OT Clinic – Virtual** Every Wednesday, 10.30am to 11.30am. Provider Quality Teams Senior Occupation Therapist hosting the opportunity to ask questions, discuss case studies, general OT questions and sign posting. Drop in at any time during the 1hr slot.

### **OT Bitesize Sessions – Virtual**

#### **Safer Handling – good practice**

- 22<sup>nd</sup> Sept 2026, 10am to 12pm
- 5<sup>th</sup> Nov 2026, 1pm to 3pm
- 15<sup>th</sup> Dec 2026, 1pm to 3pm

#### **Risk Assessment – Manual Handling and Bed Equipment**

- 30<sup>th</sup> Sept 2026, 1pm to 3pm
- 13<sup>th</sup> Nov 2026, 10am to 12pm

#### **Postural Care – Achieving better positioning in seating and sleeping**

- 9<sup>th</sup> Oct 2026, 10am to 12pm
- 18<sup>th</sup> Nov 2026, 1pm to 3pm

#### **Falls Prevention and Retrieval**

- 15<sup>th</sup> Oct 2026, 1pm to 3pm
- 24<sup>th</sup> Nov 2026, 1pm to 3pm

#### **Dementia Care – Sensory & Trauma Informed Approaches**

- 23<sup>rd</sup> Oct 2026, 10am to 12pm
- 4<sup>th</sup> Dec 2026, 10am to 12pm

#### **Safer Handling – Plus Size and those with Dementia**

- 27<sup>th</sup> Oct 2026, 10am to 12pm
- 10<sup>th</sup> Dec 2026, 10am to 12pm

#### **Dementia: Into Me See Intimacy, Sexuality and Relationships**

- 10<sup>th</sup> Sept, 9.30am to 4.30pm, Colchester Football Stadium
- 15<sup>th</sup> Sept, 9.30am to 4.30pm, Hamptons Chelmsford
- 17<sup>th</sup> Sept, 9.30am to 4.30pm, Latton Bush Centre, Harlow

**Ageing Well & Frailty delivered by Princess Alexandra Hospital (West Essex Care Homes only) covering;**

- 28<sup>th</sup> September 2026, 9.30 – 3.30pm – The Harlow Hotel, Harlow

**Prosper Community of Practice**

- 20<sup>th</sup> October 2026, 9.30am to 12.30pm followed by a networking lunch to 1.30pm

**My Home Life Leadership programme – Cohort 45 This is an 8 month programme**, the 3 workshop dates must be attended in order to proceed on the programme. There is an expectation to attend the action learning dates apart from planned leave, illness or CQC inspection.

- Cohort 45 starting Sept/October 2026

**Nursing CPD Conference** including: Pressure Ulcers/Wound Care/Continence, NMC: Intro to the NMC and the Employer Link Service, RCN: professional offer, resources, and membership benefit. Workshops on Cannulation, Insulin, MCA/DOLS with update on Supreme Court Judgement on DOLS.

- 3<sup>rd</sup> November 2026, 9am to 4pm – Colchester Football Stadium
- 10<sup>th</sup> November 2026, 9am to 4pm – Hamptons Sport & Leisure, Chelmsford

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**Other Training courses**

**offered by system partners**

**Lets Get Digital** – Free Beginners courses offered by ACL <https://tinyurl.com/54p45jzz>