West First Episode Psychosis

- Specialist assessment for individuals aged 14 years and over who are experiencing a first episode psychosis - current caseload 124 service users
- Deliver a 3 year pathway that focuses on an individuals holistic health and social care needs
- Fully integrated Multi-Disciplinary Team
- Work across the West Essex Locality (Harlow, Epping Forest & Stansted) via a hub and spoke model
- Carer support and education
- Employment support
- Family Intervention
- Physical Health Assessments

West ARMS (At Risk Mental State) Service

- New branch of FEP with focus on individuals aged between 14 and 35 years and registered to a West Essex GP
- Commissioned to support a total of 30 Service Users who are experiencing a decrease in their mental functioning.
- Offer a holistic, psychosocial model of care and support for individuals at an increased risk of developing a psychotic illness.
- ARMS does not function within the Care Programme Approach (CPA) framework. The overall aim of the Service is to delay or prevent the onset of a psychotic illness.
- Non-medical approach

How to contact us.....

<u>epunft.w-fep@nhs.net</u> Or 01279 637400