

**Welcome** to April's edition of the PROSPER newsletter. Designed to keep you updated with the progress of the PROSPER project.

Promoting Safer Provision of care for Every Resident.

## Team of the Month!



We have received this lovely photo from Rosedale court who was our final winner of team of the month.

Well done to all our winners **Rosedale Court, Woodland Grove, Braintree Nursing Home, Kilkee Lodge,**

**Loughton Hall, and The Lodge.** It was great to see all the amazing work you have all been doing during this difficult time. We also want to acknowledge all the other homes who entered and unfortunately didn't win, in our eyes you are all winners!

We would also like to take this opportunity to again thank **Tesco Marks Farm Braintree** for kindly donating the 6 hampers, which were filled with goodies for the winners!

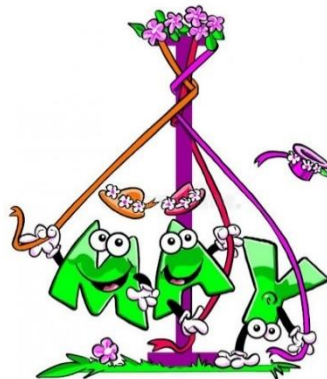


## Prosper May Day Themed Quiz

If you haven't already don't forget to book your space on the next prosper quiz taking place virtually via Microsoft teams on:

**Wednesday 5th May  
2.30pm to 3.30pm**

To book your homes space email [Prosper@essex.gov.uk](mailto:Prosper@essex.gov.uk)



## Residents Riddle?

Each month we will provide a riddle for residents to solve. Please email their answers to [prosper@essex.gov.uk](mailto:prosper@essex.gov.uk)

Answer to last month's riddle was **Darkness.**

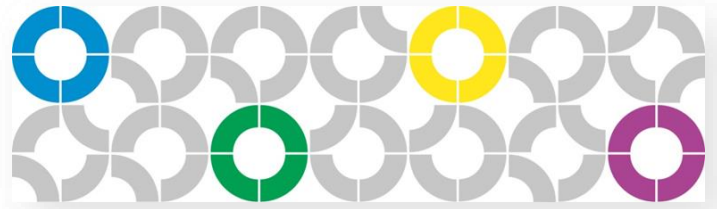
We had a great response this month and a Well done goes to the following: **Kingsgate** for answering it correctly.

This month's riddle

**I make two people out of one. What am I?**

Answer in next month's newsletter, with of course a new riddle for your residents to solve.





## Easter Bonnets

Limecourt have shared these lovely pictures of their residents, and the Easter Bonnets they made! I am sure you will agree they look great!



## The Prosper Skills Network

These will be a series of bitesize virtual sessions focusing on different subject matters the Prosper Project covers, to help build skills and knowledge and give subject matter champions in homes idea's and tools to help aid them.

Our Second, Prosper Skills Network is:

### Pressure Ulcers

Being held virtually via Microsoft Teams on

Thursday 20<sup>th</sup> May 2021

10am to 11.30am

To book spaces for your home please email [Prosper@essex.gov.uk](mailto:Prosper@essex.gov.uk) with the names of the people you wish to attend the event.

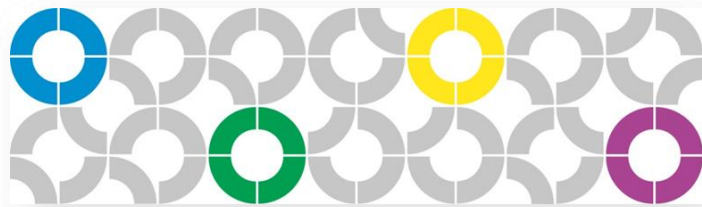


## Red Nose Day

Belmont Lodge wanted to share what residents got up to on Red Nose Day.

Activities co-ordinator Dawn stated: "Our residents enjoyed celebrating red nose day with a cake bake sale, the residents enjoyed tasting a variety of delicious cakes and voting for their favourite's whilst also enjoying a cup of tea".





## Poem Fever

Looks like Poem fever has hit the air, as we have received this beautiful poem from **St Mary's Court**.

### Positivity Balloon

Created by the residents and staff from Ash Unit

One day we took to foot

On a *soulfully* breezy day.

Through the neighbouring fields

Where *beautiful* flowers lay.

*Heavenly* blue skies, and *lush* green grounds,

We walked on together hand in hand.

When we arrived back at the house,

feeling full of *romance*,

We headed for our quaint garden,

to watch the plants dance.

At our garden table for two, we *kindly* took seat,  
and were suddenly *inspired*, for something to eat.

A *fanciful* piece of cake with a nice cup of tea.

Ah...how *wunderbar*... for yourself and me.

The words written in *italics* are the words residents thought of to put into our Positivity Balloon. Every resident and staff member involved contributed to the Positivity Balloon by thinking of a word beginning with each letter of the alphabet, that made them smile, gave them good thoughts, or just words that they liked the sound of.



## Covid-19 Vaccine Champion

**Honey Saville** Team Leader at **Silvanna Court** has become the homes Vaccination champion. Her role is to encourage residents & staff to be vaccinated against Covid-19 and keeps a tracker which is updated daily on which residents and staff have received their first and second vaccination.

Well done Honey!



## Did you know?

On average, you come into contact with **300 surfaces** every 30 minutes, exposing you to **840,000 germs**.

So, Remember Hand Washing is important to help keep you safe!

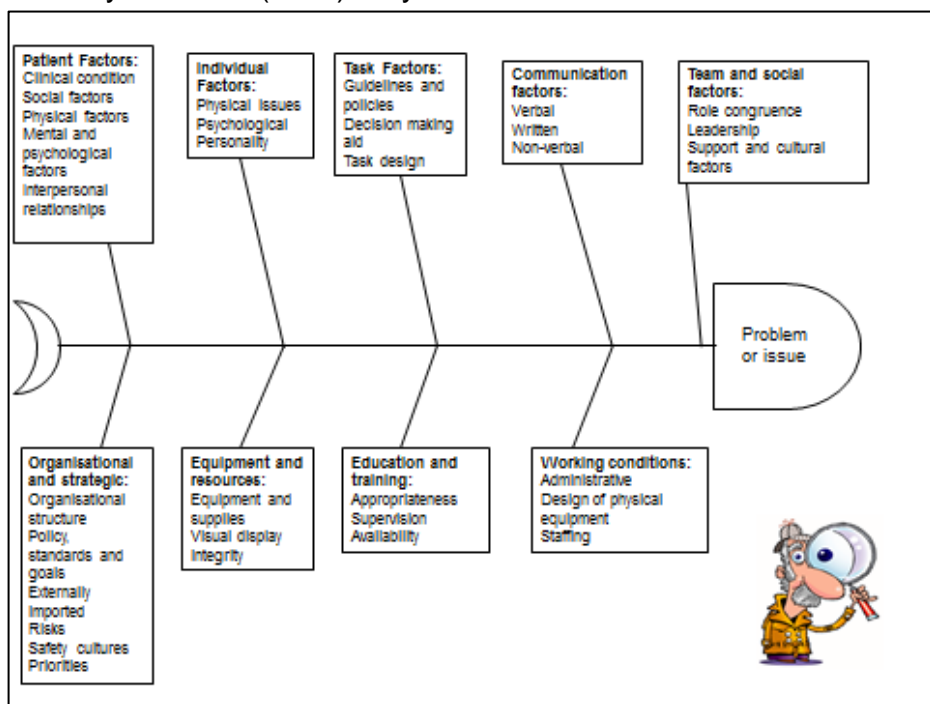




## Manning's Methodology Corner Fishbone Reference Tool

In recent newsletters I have been explaining how to use a 'Wagon Wheel' as a Root Cause Analysis tool. This month I want to introduce 'The Fishbone', which you may find useful to use in conjunction with your 'Wagon Wheel'.

The fishbone is really a reference tool that can be used in conjunction with a 'Wagon Wheel' (see last month's newsletter), particularly if you are finding it difficult to think of reasons a Care Delivery Problem (CDP) may have occurred.



If a 'brick wall' is hit during completion of a 'Wagon Wheel' the fish bone can be consulted, and hopefully it will provide some pointers towards where the problem may be, by listing the various categories of issues that may have been present in this instance. For example, the fishbone will lead you to consider whether the issue may be with the person, or a staffing issue, either individual or collective (staff allocation). Could the CDP be a result of a process issue, or the availability (or not) and use of the correct equipment?

## PROSPER Methodology Online

Since I have been writing 'Manning's Methodology Corner' I have had many requests asking me if the articles could be used to create a comprehensive Methodology Guide for PROSPER. So I am pleased to inform you this is now available online

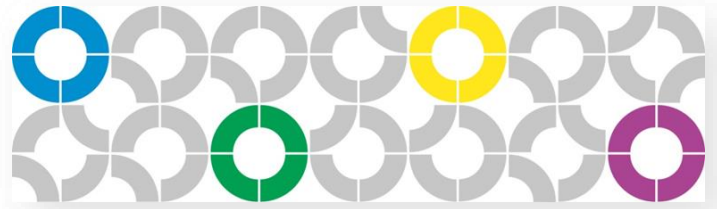
<https://www.livingwellessex.org/quality/quality-innovation/prosper/prosper-methodology/>

The guide will take you from the 'Model for Improvement' that PROSPER bases all of its methodology, through each process involved, from setting SMART Aims to creating a Driver Diagram and conducting PDSA cycles to test out interventions. With 'hints and tips' along the way.

The guide also explains how your PROSPER Runtime Dashboard can support all the methodology processes above.

Give it a look!





## Silvanna Court's Poem

It wouldn't be right to end this month's edition any other way, than sharing another amazing poem from the very talented manager **Sue Smith** at **Silvanna Court** who, together, wrote this poem for a competition run by Runwood Homes.

## Vaccination & Roadmap

Can I ask is that a smile your wearing across your FACE? 😊  
Yes, I've had my vaccinations to help save the HUMAN RACE ❤️

Is that a tear that's falling? YES I cry for those who have died 😞  
I've sadly lost a friend, she was also her mother's PRIDE 🙏

Is that a mask your wearing? Yes with gloves and apron TOO 😷  
we must carry on wearing PPE as it protects both me & YOU 👍

Is that a sparkle in your eye? Yes the roadmap ahead will set us FREE 😄 I'll be so happy as I will get to see my FAMILY ❤️

Is that Faith & Hope I hear within your WORDS? Yes, as I so long to feel as free as the BIRDS! 😊

Is this just a dream you speck of? Oh NO my words are very TRUE Lockdown will soon be over for ME & everyone TOO!!



<https://www.livingwellessex.org/care-provider-information-hub/>

## Done Something New and Exciting?

Do you have a top tip, an amazing new idea to share or an event that is different to any other and would like it published in the newsletter?

Email:

[Prosper@essex.gov.uk](mailto:Prosper@essex.gov.uk)

## Don't forget to wear you badge with pride!



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